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Maybe fourth time is a charm

POLITICS For the fourth time in as many years, the Harper government has introduced legislation to impose eight-year limits on the terms of senators.

A bill introduced in the House of Commons yesterday would limit senators to a single, non-renewable term and would apply to all those appointed since October 2008.

Steven Fletcher, minister of state for democratic reform, says legal experts have assured the government that term limits can be imposed without a constitutional amendment.

THE CANADIAN PRESS

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Food pg 28

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Fashion Week

Preloved show

DARREN CALABRESE/THE CANADIAN PRESS

A model walks the runway yesterday for the Preloved show during Toronto Fashion Week. Renowned for creating custom looks fashioned from reclaimed vintage fabrics, Preloved showcased a contemporary mix of schoolgirl chic.

Hurry up and wait

Toronto commute times worst of 19 cities: Study

Toronto is a great place to live, if only you could manage to get to work, says a new study by the Toronto Board of Trade.

Greater Toronto's commuting times are the worst of 19 world cities surveyed, the board's second annual "scorecard on prosperity" shows.

Carol Wilding, chief executive of the Board of Trade, called Toronto's last-place ranking "embarrassing." Wilding noted that Metrolinx, the regional transit authority, has drawn up a plan for Greater Toronto, but it exists mostly on paper.

And the provincial budget, which delayed $4 billion in planned transit spending, didn't help, Wilding said. "It was 80 per cent unfunded, and now with Thursday's provincial budget, it's 90 per cent unfunded," she said.

80

At 80 minutes per round trip, Toronto commuters spend 24 minutes per day longer dragging themselves to and from work than people in Los Angeles, 12 minutes longer than New Yorkers, and 32 minutes longer than residents of Barcelona. The figures average travel times for both those who drive cars and those who take public transit.

The report notes that only 29 per cent of Toronto-area residents leave their cars at home. In Paris, 74 per cent walk, cycle or take transit; in Hong Kong, it's 90 per cent.

The report underscores the need for the province to get back on track with the city's Transit City light rail plan, said Mayor David Miller, still angry with last week's budget announcement.

TORSTAR NEWS SERVICE

Canada criticized for Arctic cold-shoulder treatment

SUMMIT Canada moved to tamp down an apparent rift with the United States yesterday that saw U.S. Secretary of State Hillary Clinton make an early departure from a meeting of Arctic coastal countries.

Clinton left a summit of Arctic coastal countries after criticizing Canada — the meeting's host — for not inviting all those with legitimate interests in the polar region.

Clinton skipped the closing news conference scheduled for the day-long session of five foreign ministers after saying she had been contacted by indigenous groups disappointed they were not invited.

She also said Arctic states Sweden, Finland and Iceland were similarly concerned they were given the cold shoulder.

"Significant international discussions on Arctic issues should include those who have legitimate interests in the region," Clinton said.

THE CANADIAN PRESS

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SCANLIFE

Local

TTC constables 'increase vigilance'

After deadly bombings yesterday on the Moscow subway, U.S. transit agencies were reported sending more police into stations and having officers conduct random inspections of rail yards. The subway systems in Toronto and Montreal took a lower-profile approach. The Toronto Transit Commission said there was no official heightening of security. However, a spokesman said special constables would exercise "increased vigilance." THE ASSOCIATED PRESS

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Tomorrow's Metro

West View
Paul Sullivan brings the West's perspective on Canadian events to Metro's pages.

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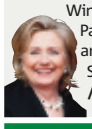
What's online today.

Video U.S. Secretary of State Hillary Clinton, below, walked out of a summit of Arctic coastal countries after criticizing Canada for not inviting all those with legitimate interests at **metronews.ca/canada**

Video Items from the 2010 Winter Olympic and Paralympic Games are being sold off. See **metronews.ca/canada**



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2nd trial likely for accused in Manners' death

Matter back in court April 1

Two men charged in the fatal shooting of 15-year-old Jordan Manners in a Toronto high school are expected to face a second trial, Attorney General Chris Bentley said yesterday.

Their first-degree murder trial ended in a mistrial Friday, when the jury told the judge it could not reach a unanimous verdict after four days of deliberations.

"This matter is going to be back before the court on April 1," Bentley said.

"I understand it's the Crown's intention to have a second trial."

The co-accused cannot be named because they were under 18 at the time of the attack in May 2007.

Jordan Manners

Chris Bentley

Bentley wouldn't comment on an unusual move by Justice Ian Nordheimer, who told the court — but not the jury — that two teenage witnesses "undermined the process" during the trial.

Nordheimer called on the attorney general to investigate but Bentley said he would not comment while the case was before the court.

However, opposition New Democrats said judges "just don't say things off the cuff," and insisted Bentley had a responsibility to immediately investigate the judge's concerns.

"When a very experienced judge like Justice Nordheimer raises the concerns that he did, that cries out for a thorough investigation," said NDP justice critic Peter Kormos.

Manners, who was in Grade 9, was the first person shot dead inside a Toronto high school.

During the trial two key witnesses, teenaged girls, backed away from statements they had given to police.

The Crown argued the accused pulled Manners down the stairs in a planned killing. THE CANADIAN PRESS

News in brief

HYDRO Ontario's privacy watchdog says Toronto Hydro Corporation must fix the "security shortcomings" that led to a breach of its e-billing system last year. The commissioner's report shed no light on how the account numbers were accessed, but recommended that Toronto Hydro employees have limited and monitored access to customer lists. TORSTAR NEWS SERVICE

Outdoors **Feeding frenzy**

JOHN R. KENNEDY/FOR METRO TORONTO

Adrian Redman and Clair Lethbridge are surrounded by their feathered friends yesterday at Allan Gardens at Carlton and Sherbourne streets. The pair visit several times a week to feed the pigeons.

Hike sought by Ontario Power Generation

ENERGY There's more upward pressure on electricity bills in Ontario, which are already set to rise July 1 because of the harmonized sales tax and again when a new energy conservation tax takes effect.

Ontario Power Generation announced yesterday it was applying to increase its rates by 9.6 per cent starting next January.

The Ontario Energy Board must still approve the rate hike, which government-owned OPG estimated would add about $2.75 to the average monthly electricity bill.

9.6% Size of rate increase being sought by Ontario Power Generation to start next January.

If approved, the new rates would remain in effect for two years.

OPG must get rate changes approved by the energy board every two years, but did not ask for an increase last year. Instead, it stretched the current rates for a third year after making $85 million in internal savings. THE CANADIAN PRESS

Air Canada wins right to challenge Island Airport slots

COURT Air Canada said yesterday it has won the right to challenge the Toronto Port Authority's (TPA) allocation of take-off and landing slots at the Island Airport.

A hearing has been set for July 68 in Federal Court.

Air Canada alleges the TPA has used an improper process to award slots.

"The TPA, a public authority, has provided a private business interest with virtually exclusive rights to use a public facility, conferring on Porter Airlines an anti-competitive advantage," Ben Smith, Air Canada's chief commercial officer, said in a statement. THE CANADIAN PRESS

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Russian space memorabilia up for auction

Dozens of space fans and collectors will gather tomorrow for a one-of-a-kind event at Waddington's Auction House on Bathurst Street, one of the few times an auction house in the city has put Russian space memorabilia from the days of the space race on the block. TORSTAR NEWS SERVICE

Behind the Creba investigation

New details emerge regarding police probe of Boxing Day 2005 shooting

Det.-Sgt. Savas Kyriacou was leaving home on Boxing Day 2005 for a get-together when the duty desk called just before 6 p.m., propelling him into the investigation behind the murder of Jane Creba.

RICHARD LAUTENS/TORSTAR NEWS SERVICE

Toronto police Det.-Sgt. Savas Kyriacou, who led Project Green Apple, the investigation into the shooting death of Jane Creba, is seen at police headquarters. He kept a painted portrait of her in his office throughout the investigation to remind him of Creba.

Now that a jury has retired to consider its verdict in the second-degree murder trial of Louis Raphael Woodcock and Tyshaun Barnett, the inside story of the police investigation, dubbed Project Green Apple can be told.

Before he got to the scene, Kyriacou learned that police had already arrested two young males, Andre Thompson, 22, and Jorrell Simpson-Rowe, 17 — the latter carrying a 9-mm semi-automatic handgun — at the Castle Frank subway station some 40 minutes after the 5:15 p.m. shooting.

The next day, Simpson-Rowe admitted to being at the scene but denied firing the gun. He said Woodcock — a.k.a. Big Guy — passed the 9-mm Ruger semi-automatic to him after the shootout.

On Dec. 28, Kyriacou learned that a 16-year-old youth injured at the shooting, who can only be identified as J.J., told officers he had been there by himself and started running when he heard shots. Investigators suspected he was lying.

Dorian Wallace, an English resident illegally in Canada, would, while recovering at St. Michael's, also claim he had been near the shooting scene by himself.

Similarly Milan Mijatovic, shot in the leg, insisted he was shopping alone at the Foot Locker.

By Dec. 29, police had identified more persons of interest, many of whom were linked.

Forensic tests showed that several cartridge cases found at the scene had been fired by the Ruger handgun carried by Simpson-Rowe.

Woodcock's DNA was indeed on the gun, but Simpson-Rowe's was not. Forensics also showed that the handgun did not fire the bullet that killed Creba. It came from a more powerful firearm, possibly a .357-calibre handgun.

Simpson-Rowe said that his group of young males, seven black and one white, had been at the Eaton Centre, then went to the Foot Locker, where they were shot at by a "Vaughan guy" — someone believed to be from the Vaughan Road area — and that Woodcock and his friends shot back.

On March 10, a newspaper reported that police were close to making arrests. The article was wrong, but it yielded an unexpected boon. That day, Vincent Davis got a panicked call from a male, warning him arrests were imminent and that Davis's friends better "respect the G-Code," street slang for keeping quiet.

In an unrelated case, police questioned a 24-year-old drug dealer called Jeremiah Valentine about an assault he had witnessed. Valentine gave officers his phone number.

Kyriacou reviewed the March 10 phone call in which someone warned Davis to respect the "G-Code." The mystery caller's number matched one of Valentine's.

Valentine denied any role in Creba's death but drug dealer Shurlon Trotman gave police a full statement implicating Valentine. He was motivated, he said, by guilt because Creba's shooting was a violation of the street code that left innocents out of criminal disputes.

Trotman told police that shortly after the Boxing Day gun battle, his friends Milan Mijatovic and Valentine had told him they were together at the Foot Locker and that Valentine fired at an opposing group with his .357-calibre revolver because they felt threatened.

Valentine pleaded guilty to second-degree murder last December and was sentenced to life.

TORSTAR NEWS SERVICE

Minority women unable to access health providers: Study

REPORT Many women from visible minority groups say they have difficulty getting a primary-care physician or specialists to address urgent health concerns or to monitor chronic medical conditions, a study has found.

The report shows one in three South Asian, West Asian and Arab women — who together comprise one of the fastest-growing segments of Canada's population — have trouble finding a doctor, getting an appointment or getting referred to specialists.

The study by researchers at St. Michael's Hospital in Toronto and the Institute for Clinical and Evaluative Sciences found this minority group, and other immigrant women and men, are at a significant disadvantage compared to Canadian-born individuals.

Dental care

- More than half of South Asian, West Asian and Arab women reported not seeing a dentist in the previous 12 months, compared to one-quarter of white women.

The report, released today, is part of the larger POWER (Project for an Ontario Women's Health Evidence-Based Report) study. The researchers say it is the first to provide a comprehensive overview of women's health in relation to gender, income, education, ethnicity and geography.

The study found that 15 per cent of immigrants living in Canada less than five years did not have a primary-care doctor, compared to 7.3 per cent of Canadian-born adults.

Furthermore, almost one-third of women who did not often speak English or French at home reported more difficulties accessing care from a family doctor to monitor health problems. That compares to less than 20 per cent of women who speak English or French.

THE CANADIAN PRESS

FRANK GUNN/THE CANADIAN PRESS

Finance Minister Dwight Duncan delivers his provincial budget in the Ontario Legislature in Toronto last Thursday.

Quicker end to Ontario deficit, Duncan hopes

FINANCES Ontario hopes to get out of the red sooner than in the eight years projected in last week's budget, Finance Minister Dwight Duncan said yesterday, prompting opposition critics to accuse him of playing games with the numbers.

Duncan told a business audience that the budget built in a significant amount of potential fiscal room that should make that possible.

He said any uptick in revenues would go toward bringing down the province's deficit of $110 billion over eight years.

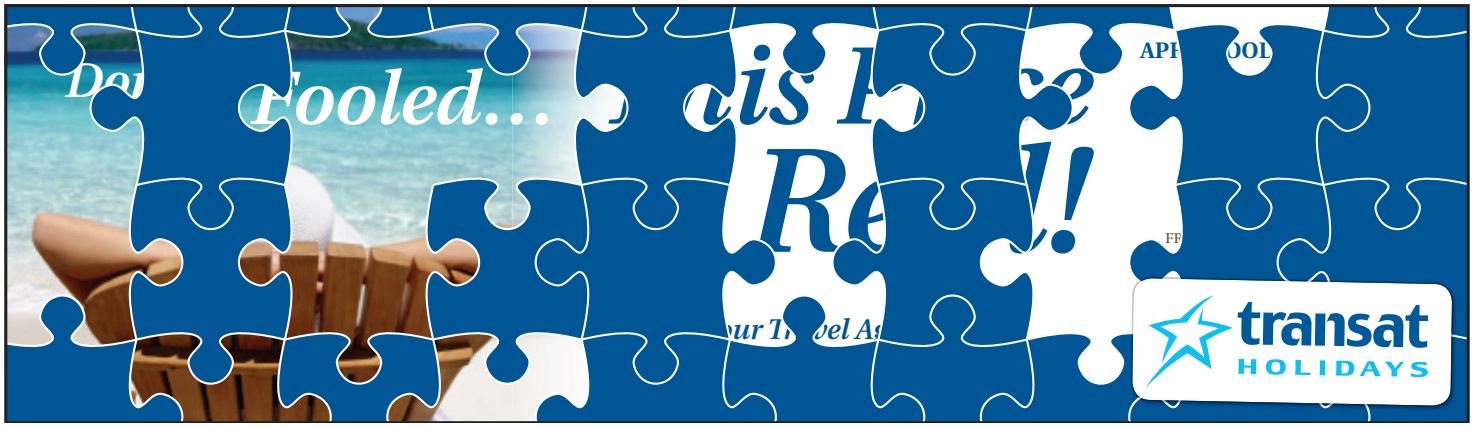
He wouldn't say how likely a drop in the eight-year estimate was, adding that any progress would become clear through annual targets and updates.

Duncan's comments come after the Liberals announced a day before the budget that the deficit would be several billion dollars below the record $24.7-billion deficit that was forecast last fall.

THE CANADIAN PRESS

News in brief

STABBING Four suspects have been charged after a man was stabbed to death in a fight outside a nightclub in Vaughan. Roger Samaroo, 26, of Toronto died in hospital while the two other victims were treated and released. THE CANADIAN PRESS



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Vehicle strays off road, kills 40-year-old woman
A 40-year-old woman is dead after being struck by a vehicle in Mississauga yesterday. Police say the collision happened at about 5:15 p.m. after a vehicle driven by a male driver left the roadway. The woman was rushed to hospital, but died shortly after. TORSTAR NEWS SERVICE

Men catch worse colds, study finds

We've all seen him. The big, tough guy brought down by a lowly little bug. The sniffles he's enduring are worse than those faced by anyone else in the house — skeptical wives and daughters, especially.

Well, ladies, he might just be the best catch around. That is the conclusion of a new study out of Cambridge University. It found men have weaker immune defences than women, and really do suffer more when hit by a cold or the flu.

"They have traded off immunity for other factors," lead author Olivier Restif said from his office at Cambridge's veterinary college. Those trade-offs include getting and keeping mates, which gave them an evolutionary advantage.

Using evolutionary models and mathematical formulas, researchers explored what happens to male and female immune systems over time. Because of the ancestral role of men as the hunter-gatherers, it was assumed males would encounter more infections.

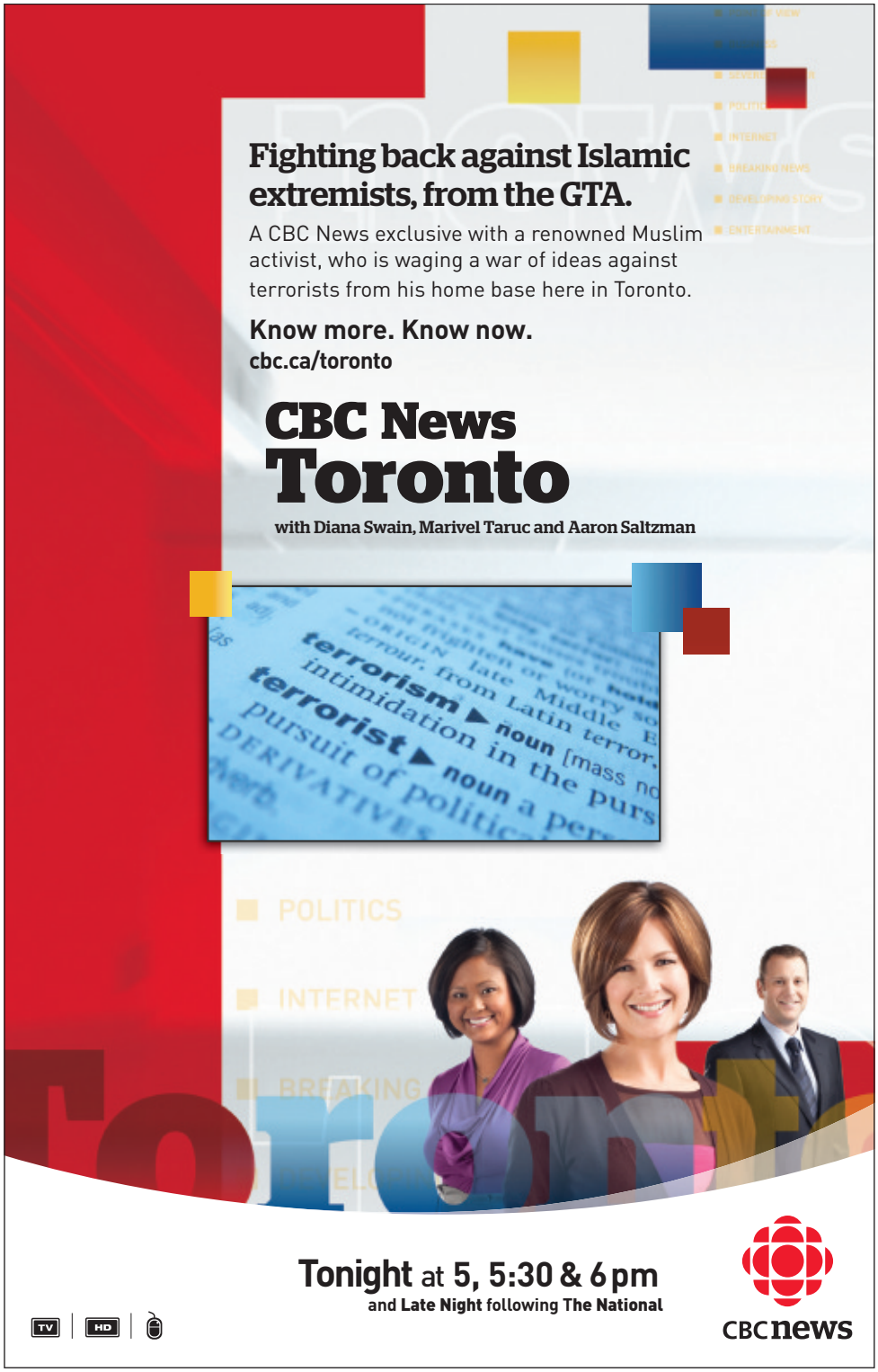
Under most of the models, increased exposure led to increased immunity.

But that's not what happened with men in the real world. One of the study's evolutionary models offered a clue as to why. When men have to make an extra effort to attract a mate, they put their energy into that pursuit, leaving their bodies with less ability to fight off infections.

But there could be other explanations. David Begun, a professor of anthropology at the University of Toronto and an expert on human evolution, says women may have built up greater immunities because of their traditional role as caregivers. "The best way to get a cold is to hang around kids," Begun says.

Being exposed to the viruses and bacteria their children brought into the home, Begun says, women may have become better at fighting them off.

TORSTAR NEWS SERVICE



Allan Gardens **Colours of spring**

JOHN R. KENNEDY/FOR METRO TORONTO

Visitors to Allan Gardens at Jarvis and Carlton streets enjoy the spring colours yesterday afternoon. Tulips and daffodils are in full bloom in the greenhouses, which are open daily.

Study pinpoints why newcomers struggle

IMMIGRANTS Skilled immigrants earn less than half the money, on average, earned by their Canadian-educated counterparts. Only one in four manages to obtain a licence in one of Ontario's 37 regulated professions, compared with 60 per cent of Canadian grads. And that licence may take two years to get, compared with less than a year for native-born Canadians.

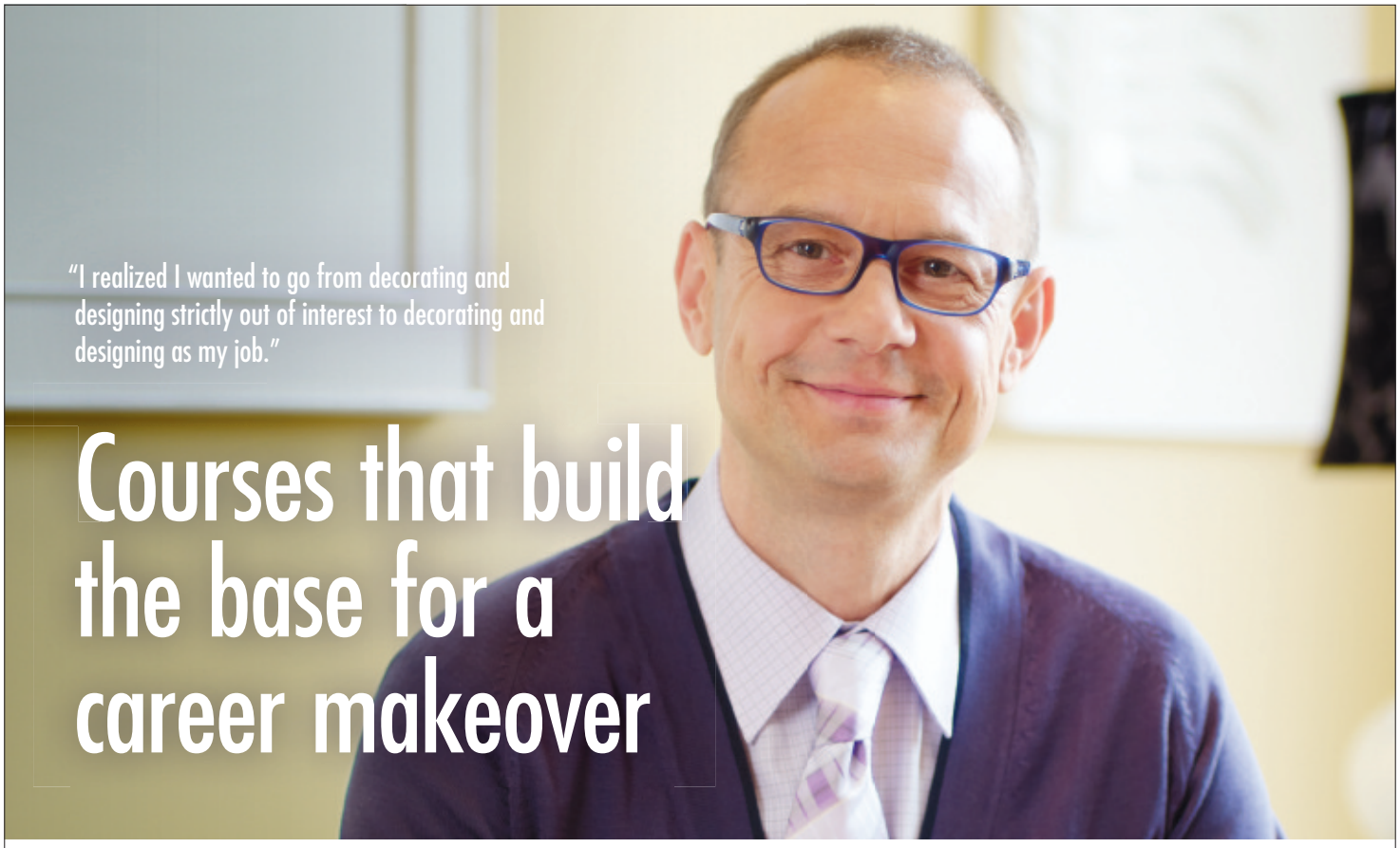
Those findings, in a groundbreaking study to be released today by the Office of the Fairness Commissioner, put some hard numbers on the frustration many newcomer professionals experience.

"The requirement of some regulatory bodies for Canadian experience is perceived as a particularly difficult challenge for ITIs (internationally trained individuals) ... if regulatory bodies require Canadian experience, there should be a requirement of employers to provide it," said the 143-page report, obtained by the Toronto Star.

Among the foreign-trained professionals surveyed 26 per cent were unemployed — triple the number of those trained in Canada. TORSTAR NEWS SERVICE

Economic class

- Each year, Canada accepts 250,000 immigrants. Of those, 64 per cent come in under the economic class: Skilled professionals, entrepreneurs and investors.



Courses that build the base for a career makeover

A Continuing Education Success Story – For Harvey Winks, winning first place in New Construction at the 2008 Canadian Decorators' Association (CDECA) Awards was proof that changing careers had been the right decision. Although he had always decorated and designed his own spaces, Harvey didn't pursue an interior decorating career until he had already spent 12 years as a sales manager. That's when he found the Interior Decorating Certificate offered through Continuing Education at George Brown College. "The downtown location is a godsend, and the opportunity to have Designers' Walk just two blocks away is absolutely priceless." Harvey now runs his own decorating company, Home Vision.

The Fashion and Jewellery, Interior Decorating and Visual Arts certificates and courses offered in Continuing Education at George Brown allow you to nurture your creativity while learning practical, hands-on skills. We offer evening, weekend and some daytime classes in the following areas:

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Sewing

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Interior Decorating
Interior Decorating General Interest

VISUAL ARTS
Cartooning
Digital Arts
Fine Arts

George Brown College's new fine arts space includes classrooms designed specifically for arts, numerous daytime offerings and a built-in gallery space.

For further details about the courses offered, go to coned.georgebrown.ca/fashion, coned.georgebrown.ca/decorating and coned.georgebrown.ca/visualarts.

George Brown offers Continuing Education courses in the following subject areas:

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Makeup & Esthetics
Nursing
Teaching & Training
Technology & Trades
Visual Arts

Distance Education

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Register now for spring classes at coned.georgebrown.ca

National Society of Black Engineers holding convention in Toronto
The National Society of Black Engineers, a mostly student-run organization based in Virginia, is holding its 36th annual convention in Toronto beginning tomorrow. It's the first time the group has held the event outside the U.S. About 7,000 members will be here. TORSTAR NEWS SERVICE

Three banks boost mortgage rates

Newfound dilemma for Canadian consumers looking to buy a home

Rising mortgage rates announced yesterday signal the end of historically low home borrowing costs and present Canadian consumers with a dilemma: Either stay flexible, hope for the best and ride out the next several months, or lock in to long-term loans.

Three big banks raised their mortgage rates by more than half a point, effective today, and most industry watchers expect that's just the beginning of future small jumps that will hike the cost of home ownership the rest of this year.

For consumers nervous about the changes, the security of five-year, or longer, fixed loans may be the best option, says one mortgage expert.

"If that (rising rates) causes you discomfort then perhaps a fixed rate's where you want to be," said Robert McLister, a mortgage planner and editor of the Canadian Mortgage Trends website.

"If you're closing in the next six months, I suggest people do that quickly."

The changes affect closed mortgages with terms of three, four and five years at RBC Royal Bank, Laurentian Bank and TD Canada Trust. Rates for mid-term mortgages like these tend to reflect the banks' borrowing costs on bond markets, where mortgage loans are financed.

Other banks are expected to follow suit.

The Bank of Canada is expected to begin raising lending rates this summer as it moves to fight growing inflationary pressures in the economy.

THE CANADIAN PRESS

5.85 The biggest increase announced yesterday affects five-year mortgages. All three banks are hiking their posted rate by six-tenths of a per cent to 5.85 per cent from 5.25 per cent. That means a homeowner taking on a mortgage of $250,000 at the new posted rate of 5.85 per cent over a 25-year amortization period would pay $1,577 per month. Prior to today's hike, that mortgage would have cost $1,489 per month, or $88 less.

News in brief

RUBIK'S CUBE When Harris Chan, 16, sat down at the Toronto Winter Open in January, he solved a Rubik's Cube in 7.33 seconds — setting a North American record just a quarter-second shy of a world best. But Chan's nimble fingers weren't fast enough Saturday at the Spring Open, where his 11.81-second average was edged by Toronto teenager Eric Limeback. The time between the two was a mere 0.12 seconds. Limeback's strong performance shouldn't be a surprise to those in the cubing circuit. He is the reigning Canadian champ in blindfolded solutions and has been one of Chan's main competitors in the standard match.

TORSTAR NEWS SERVICE

Improving Transit with Modern New Streetcars

The City of Toronto and TTC have ordered 204 new streetcars which will provide users with a more customer friendly transit experience.

- The new streetcars will be accessible, so parents pushing strollers and people using wheelchairs will have step-free access into the streetcar
- They will hold almost double the number of passengers as the current streetcars and have more doors to enter the vehicle
- The vehicles will use a proof-of-payment system so that more people can move quickly during rush hour
- The new streetcars will provide a quieter ride and, during the summer months, offer air conditioned comfort

Notice of Public Consultation Meeting

New maintenance and storage facilities must be added to TTC operations to accommodate the new streetcars and enhance transit service for the community. One of those facilities will be in the City's southeast end so streetcars can access it from the Queen Street East streetcar tracks. In December 2009 the City acquired the Ashbridges Bay site for the TTC facility. 100 new streetcars will be stored at the Ashbridges Bay Fleet Maintenance and Storage Facility to be built at the south east corner of Lake Shore Boulevard and Leslie Street.

The Ashbridges storage and maintenance facility is to be completed in 2013 in time for the delivery of the first 36 streetcars. The new storage facilities will be built to Toronto Green Development Standards, and staff will follow environmentally friendly practices to ensure the site is energy efficient and environmentally friendly.

The TTC is holding a public consultation to discuss the new streetcars and the route they will travel from the Queen Street tracks to the Connaught and Ashbridges yards:

Date: April 8, 2010
Time: 6:30pm to 9:00pm
Location: Toronto EMS
895 Eastern Avenue

For more information contact:
Lito Romano
TTC Community Liaison Officer
5160 Yonge Street, 13 th Fl
Toronto ON M2N 6L9
Tel: 416-397-8699
E-mail: lito.romano@ttc.ca
Web: www.toronto.ca/involved/projects/lrv

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Orlando	Travel May 30 - Jun 6/ts	$59 + taxes & fees $235
Halifax	Travel Apr 20/ws	one-way $99 + taxes & fees $55
Vancouver	Travel Apr 20/ac	one-way $159 + taxes & fees $64
New York	Travel Apr 7 - Apr 14/la	$179 + taxes & fees $95
Mexico City	Travel Apr 27 - May 5/dl	$259 + taxes & fees $284
Los Angeles	Travel May 4 - May 11/aa	$399 + taxes & fees $120
Cairo	Travel Apr 19 - May 3/kl	$499 + taxes & fees $403
Honolulu	Travel Apr 20 - Apr 27/dl	$515 + taxes & fees $116
Delhi	Travel Apr 19 - May 3/kl	$579 + taxes & fees $412
Shanghai	Travel Apr 13 - Apr 21/ua	$629 + taxes & fees $361
Rio de Janeiro	Travel Apr 21 - May 5/ua	$729 + taxes & fees $223
Buenos Aires	Travel Apr 20 - Apr 28/ua	$769 + taxes & fees $260
Johannesburg	Travel Apr 21 - May 5/af	$929 + taxes & fees $467
Auckland	Travel May 5 - May 15/nz	$1349 + taxes & fees $322

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Munich	Travel Jun 15 - Jun 23/ts	$299 + taxes & fees $323
Amsterdam	Travel May 5 - May 13/ts	$399 + taxes & fees $335
Brussels	Travel May 12 - May 26/ac	$725 + taxes & fees $391
Barcelona	Travel May 5 - May 12/ac	$749 + taxes & fees $360
Copenhagen	Travel May 12 - May 26/ac	$789 + taxes & fees $365

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Europe Tours

Greece
8-Day Tour — was ~~$1299~~ now $1169
Greek Island Sailing — taxes & fees included
HIGHLIGHTS Cyclades Islands and Mykonos. Departs Athens. Multiple Departures in May/gap.

Ireland Hike & Bike
8-Day Tour — was ~~$1839~~ now $1655
Ireland Hike & Bike — taxes & fees included
HIGHLIGHTS Dingle, Annascaul, Blasket Islands, Brandon Creek, Maharees Peninsula and Cloghane. Departs Tralee. Various departures Jun - Sep/gap.

Europe Vacations

Rome
Air + First 2 Nights — $569
Hotel Centro — + taxes & fees $314
INCLUDES central accom with breakfast. Travel May 29 - Jun 18/vat/ts.

United Kingdom
Air + 7 Nights + Car — $899
Discover Britain Bed & Breakfasts — + taxes & fees $406
INCLUDES roundtrip air to Glasgow, car rental and 7 nights bed & breakfast accom vouchers to explore England, Scotland and Wales at your own pace. Travel May 26 - Jun 3/vat/ts.

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Rio de Janeiro
Air + 7 Nights 4-Star — $1099
Augusto's Copacabana Hotel — + taxes & fees $208
INCLUDES 4-star accom just two blocks from Copacabana beach. Departs May 11/ggv/dl.

Shanghai World Expo 2010
Air + 7 Nights 5-Star — $1449
Radisson Hotel Shanghai New World — + taxes & fees $355
INCLUDES 5-star accom with breakfast daily. Central location with easy access to subway station and the Pedestrian Walkway district. Departs Sep 20/ggv/ua.

USA Vacations

Miami Air + 3 Nights — $329
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Departs Jun 6/swg/wg.

New York City Air + 3 Nights — $489
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Departs May 5/ggv/la.

New Orleans Air + 3 Nights — $599
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Departs Apr 19/ggv/aa.

San Francisco Air + 4 Nights — $599
Renoir Hotel — + taxes & fees $127
Departs Apr 26/ggv/aa.

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$237
Gran Caribe Club Puntarena — + taxes & fees $214
Departs Apr 1/nol/c6. **UPGRADE** to 4-star Sol Sirenas Coral Resort for $23 per night.

Puerto Vallarta 7 Nights 4-Star	*Holiday Inn*	$398 + taxes & fees $281
Departs Apr 5/vat/5g/c6.		
La Romana 7 Nights 4-Star	*Oasis Canoa*	$418 + taxes & fees $329
Departs Apr 5/vat/ts.		
Cancun 7 Nights 4-Star	*Oasis Palm Beach*	$485 + taxes & fees $177
Departs Apr 5/swg/wg.		
Mayan Riviera 7 Nights 4-Star	*RIU Lupita*	$487 + taxes & fees $272
Departs Apr 8/sqv/c6. **UPGRADE** to 5-star Grand Sirenis Mayan Beach for $16 per night. Departs Apr 5/vat/5g.		
Punta Cana 7 Nights 4-Star	*Barcelo Punta Cana*	$537 + taxes & fees $329
Departs Apr 1/nol/ts.		
Costa Rica 7 Nights 4-Star	*Allegro Papagayo*	$547 + taxes & fees $218
Departs Apr 1/nol/5g.		
Jamaica 7 Nights 4-Star	*Holiday Inn Sunspree Resort Montego Bay*	$547 + taxes & fees $277
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Orlando Harry Potter Wizarding World
Air + 7 Nights + Passes — $299◊
Champions World Resort — + taxes & fees $236
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Honolulu Air + 6 Nights — $799◊
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TICO

Child with lighter likely behind fatal fire: Police
A child playing with a lighter likely caused a fire that ravaged a triplex and killed four people, including a seven-year-old boy, Montreal police said yesterday. THE CANADIAN PRESS

Canada

N.L. racks up 2nd deficit in a row

Newfoundland and Labrador will dip into deficit for a second straight year with a budget that promises big spending on children and health care as it racks up debt. The provincial budget tabled yesterday projects a $194-million deficit for 2010-11 as net debt jumps to $9.2 billion from $7.9 billion last year. It also forecasts deficits totalling $349 million in the next two fiscal years ending in 2013. THE CANADIAN PRESS

Tories reject criticism of foreign policy

OTTAWA The federal Conservatives are rejecting accusations from a former high-ranking diplomat that Canada's foreign policy has been compromised by obsessions with ethnic voters.

Immigration Minister Jason Kenney said he "respectfully disagrees" with Robert Fowler's critique that Canada's reputation as a trusted mediator has been eroded by attempts by both the Liberals and Conservatives to lure the Jewish vote.

Canada's foreign policy has shifted to an unabashedly pro-Israel stance under the Conservative government.

Kenney, who is leading his party's attempt to court ethnic votes, says Canada's foreign policy is on the right track.

He also rejected Fowler's contention that Canada is turning away from global affairs and becoming consumed with domestic interests. THE CANADIAN PRESS

U.S. seeks mission extension

Canada urged to stay in Afghanistan on eve of G8 meeting

The United States dropped a diplomatic bombshell yesterday and asked Canada to extend its military mission in Afghanistan.

Secretary of State Hillary Clinton made the request in a televised interview yesterday on the eve of the Canadian-hosted G8 foreign ministers meeting near Ottawa.

"We would obviously like to see some form of support continue because the Canadian Forces have a great reputation," Clinton told CTV News.

The Harper government now has to decide whether to turn down its closest ally or back down on its firm pledge to end its combat mission in Kandahar by July 2011, as Parliament has decreed. Just last week, Foreign Affairs Minister Lawrence Cannon insisted that all Canadian troops will be withdrawn as scheduled.

Speculation has been rife about what Canada would do in Afghanistan after 2011. The government has said recently that all military options are off the table, including combat, training of Afghan forces and maintaining a provincial reconstruction team in Kandahar.

The Opposition and analysts have called for a public discussion on what Canada could do in Afghanistan after 2011. THE CANADIAN PRESS

Norway

- One of Canada's NATO allies, Norway also piled on yesterday, telling The Canadian Press that arbitrary withdrawal dates don't reflect the reality on the ground in Afghanistan.

ADRIAN WYLD/THE CANADIAN PRESS

A lone protester in a panda suit demonstrating about the upcoming G8 summit stands on Parliament Hill in Ottawa yesterday.

Waterline break affects thousands

ONTARIO About 350,000 people either had no drinking water or were being asked to conserve as crews worked yesterday to repair a break in a major waterline.

The pipe supplies most of London, Ont., as well as the surrounding Huron and Middlesex counties.

Officials didn't know what caused the break in the 122-centimetre pipe yesterday near Mount Carmel northwest of London. Gushing water created a two-hectare lake at the site of the break.

Andrew Henry, division manager for the regional water supply, said these breaks are usually age-related. THE CANADIAN PRESS

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29B St. Joseph St.
727 Bloor St. W
1061 St. Clair Ave. W
1500 Royal York Rd.
1750 The Queensway
980 Albion Rd.
2610 Weston Rd.
5050 Dufferin St.
1184 Kennedy Rd.

WEST

Burlington Mall
Mapleview Mall
Milton Crossroads Centre
420 Main St.

Brampton
Bramalea City Centre
2880 Queen St. E (Hwy. 7 & Airport Rd.)
55 Mountainash Rd. (Springdale Sq.)
80 Pertosa Dr.

Mississauga
Dixie Outlet Mall
Erin Mills Town Centre
Heartland Town Centre
Square One
Winston Churchill & 401
2458 Dundas St. W
6535B Mississauga Rd.
3024 Hurontario St.
6200 Dixie Rd.
34 Bristol Rd. E
4920 Tomken Rd.

Oakville
Oakville Place
RioCan Burloak
18 - 2501 Third Line
760 Pacific Rd.

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Pacific Mall

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9301 Bathurst St.

Thornhill
Promenade Mall
7171 Yonge St. (Galleria)
7378 Yonge St.

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Vaughan Mills Outlet Mall
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2 - 160 Cidermill Ave.
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New Brunswick company wins federal railcar contract

Industrial Rail Services of Moncton has won a $12.6-million contract from the federal government and Via Rail to modernize railcars. The rebuilt cars will provide another 15 to 20 years of service to Via Rail for use on scenic routes in northern Ontario and Vancouver Island. THE CANADIAN PRESS

More room and cash for refugees

Immigration Minister Jason Kenney kicked off a major overhaul of the country's refugee system by increasing the number of people Canada accepts from UN-designated refugee camps overseas.

Kenney said Canada is now prepared to accept 2,500 extra refugees selected by the United Nations, bringing its annual total to 14,500 coming from refugee camps and urban slums.

"Millions of people have fled violence and persecution to seek refuge outside their home countries and we would like to do more to provide them with protection in Canada," Kenney said in a statement.

The government will sponsor 500 of the new places. The other 2,000 will be under the Private Sponsorship of Refugees Program, which allows church and community groups as well as individuals to bring in designated refugees.

Ottawa will also increase funding to resettle this group, adding $9 million a year to an existing budget of $45 million — the first permanent funding increase in a decade.

THE CANADIAN PRESS

ADRIAN WYLD/THE CANADIAN PRESS

As part of the federal government's overhaul of the refugee system, Immigration Minister Jason Kenney announced yesterday that Canada will accept 2,500 extra refugees from overseas refugee camps approved by the United Nations. Ottawa will also provide $9 million more in funding.

Victims want right to sue for alleged torture

COURT Canada should allow lawsuits against foreign officials accused of torture by people now living in this country, an Ontario court heard yesterday.

Lawyers for Chinese Falun Gong members said victims would otherwise have no way to get redress for abuse from those with power and influence abroad.

"These sorts of violations should not be committed with impunity, and Canada should not allow impunity for these crimes," human rights lawyer David Matas said outside court.

Six Canadian residents, members of the Falun Gong — which describes itself as a spiritual movement and which the Chinese government brands as a group of disruptive radicals — want Canadian courts to allow them to sue former Chinese president Jiang Zemin and others former top officials.

The plaintiffs argue that torture was not official Chinese policy and the officials are therefore not entitled to any immunity a government might claim under Canada's laws.

"Torture is not, and cannot be, a public act," Kate Kempton, another Falun Gong lawyer, told Ontario Superior Court.

"Torture is considered among one of the most heinous crimes against humanity."

THE CANADIAN PRESS

News in brief

SCHOLARSHIP Jocelyn Ranger, daughter of a Canadian soldier killed in Afghanistan, says going to college would have been impossible without the help of Project Hero, a scholarship program at the University of Regina. The program, which offers free tuition to the children of those killed in military action, has been criticized by professors, who say it glorifies military intervention.

WINDSOR Police are searching for a woman they allege tried to run down her common-law husband with his vehicle in Windsor. A man and woman had been involved in a domestic dispute when the man stepped in front of his car to prevent the woman from driving away in it Saturday afternoon. The woman is alleged to have driven toward the man in an attempt to hit him and then sped off with him clinging to the hood.

THE CANADIAN PRESS

No purchase necessary. Canadian residents eligible to enter. To enter, log onto www.lindtgoldbunny.ca and correctly answer the questions about the location of the GOLD BUNNY statue. For each of the 20 questions you correctly answer, you will receive one entry into the contest. Contest is from March 1 to April 4, 2010. Chances of winning depend on number of eligible entries. Mathematical skill-testing question required. For full Contest rules, including other ways to enter, see www.lindtgoldbunny.ca.

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Hearing delayed for alleged on-duty sex cop
A hearing for a Hamilton police inspector accused of having on-duty sex has been pushed back to April 28. THE CANADIAN PRESS

Nothing funny here

Comedian cites free-speech right to heckle

Probably no one thinks now that an ugly exchange comedian Guy Earle had with lesbian Lorna Pardy and her friends at a Vancouver comedy club three years ago was very funny.

Earle, volunteer master of ceremonies at Zesty's restaurant's open-mic comedy night, called Pardy and her two friends "dykes," among other things, and made explicit suggestions about their sexual practices apparently because he thought they were being disruptive.

But the Ontario funny man's lawyer says Pardy's wounded feelings aside, Earle's expletive-laced attacks are outside the jurisdiction of British Columbia's Human Rights Commission and the commission proceedings that began yesterday could have a chilling effect on artistic expression.

"It's absolutely a comedy show," said James Millar outside the hearing. "That's a smackdown of a heckler."

DARRYL DYCK/THE CANADIAN PRESS

Complainant Lorna Pardy, right, leaves a B.C. Human Rights Commission tribunal hearing yesterday in Vancouver during a morning break. Comedian Guy Earle is accused of having made discriminatory remarks towards Pardy and her same-sex partner during a comedy show in 2007.

Millar withdrew from a the human rights tribunal on its first day. The tribunal is hearing Pardy's complaint that Earle's comments about the group's sexual orientation were discriminatory under a section of the B.C. Human Rights Code covering service in businesses.

THE CANADIAN PRESS

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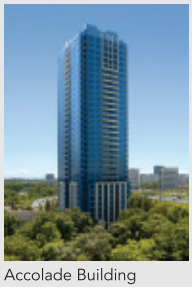
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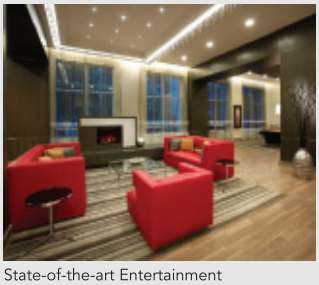
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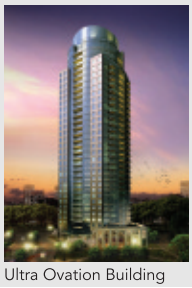
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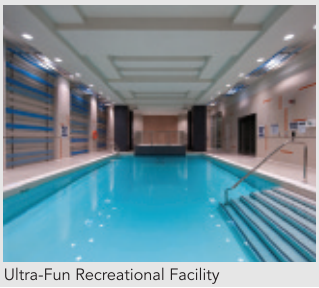
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Twelve-year-old boy to stand trial as adult on murder charges
A Pennsylvania boy who was 11 when he was accused of killing his father's pregnant fiancee with a shotgun blast to the back of her head as she lay in bed will be tried as an adult in the death of both the woman and the fetus, a judge ruled yesterday. THE ASSOCIATED PRESS

World

Sarkozy prods U.S. on New York visit

French President Nicolas Sarkozy, in an upfront speech in New York, urged the United States to lead the way in imposing new global financial regulations — and to pay more attention to the rest of the world. Sarkozy stood firm against terrorism, pledging to keep up the fight in Afghanistan and rallying behind Russia after deadly subway attacks. More than two hours before Sarkozy was to deliver his speech, hundreds of people lined up in the rain to pass through security. THE ASSOCIATED PRESS

Terrorists target Moscow subway

Chechen militants suspected as female suicide bombers kill dozens

Terror returned to the heart of Russia, with two deadly suicide bombings on the Moscow subway at rush hour, including an attack at the station beneath the headquarters of the secret police.

At least 38 people were killed and more than 60 wounded in yesterday morning's blasts, the first such attacks in Moscow in six years. As smoke billowed through the subway tunnels not far from the Kremlin and dazed survivors streamed out of the vast transportation system, al-Qaida-affiliated websites were abuzz with celebration of the attacks by the two female suicide bombers.

The bombings showed that beleaguered rebels are still able to inflict harm on an increasingly assertive Russia, and they followed a warning last month from Chechen rebel leader Doku Umarov that "the war is coming to their cities."

Prime Minister Vladimir Putin, who built much of his political capital by directing a war against Chechen separatists a decade ago, promised to track down and kill the organizers of what he called a "disgusting" crime.

IGOR RABBATIN/OVT/THE ASSOCIATED PRESS

A subway commuter injured by a blast at the Park Kultury station in Moscow yesterday.

"The terrorists will be destroyed," he said on national television.

The first explosion took place just before 8 a.m. at the Lubyanka station in central Moscow, beneath the notorious headquarters of the Federal Security Service or FSB, the KGB's main successor agency. The FSB is a symbol of power under Putin, a former KGB officer who headed the agency before his election as president in 2000.

About 45 minutes later, a second blast hit the Park Kultury station on the same subway line, which is near renowned Gorky Park. In both cases, the bombs were detonated as the trains pulled into the stations and the doors were opening.

Amateur video on Russian TV showed wounded and possibly dead commuters on the floor of the smoke-filled Lubyanka station. One video showed gruesome images of dead passengers sprawled inside a mangled subway car and a bloody leg lying on a station platform. THE ASSOCIATED PRESS

After health-care reform victory, emboldened Obama standing tall abroad

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News in brief

MASSACHUSETTS Nine teens have been charged in the "unrelenting" bullying of a teenage girl from Ireland who killed herself after being raped and enduring months of torment by classmates in person and online, a prosecutor said yesterday. Northwestern District Attorney Elizabeth Scheibel said 15-year-old Phoebe Prince was stalked and harassed nearly constantly from September until she killed herself Jan. 14.

SOUTH KOREA A naval mine dispatched from North Korea may have struck the South Korean warship that exploded and sank near the Koreas' disputed sea border, the defence minister told lawmakers yesterday. Defence Minister Kim Tae-young earlier said there was no sign of a direct attack from North Korea, but military authorities have not ruled out North Korean involvement in the sinking of the Cheonan late Friday night. THE ASSOCIATED PRESS

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U.S. promises Albania $10M to destroy weapons
Albania's Defence Ministry says it has been promised $10 million from the United States as part of donations from NATO countries to destroy its massive Communist-era ammunition stockpiles by 2013. THE ASSOCIATED PRESS

News in brief

CHINA Rescuers pumped water from a flooded mine in northern China where time is running out for 153 trapped workers as efforts stretched into a second day with no communication from those stuck deep underground. Some 1,000 rescue workers were rotating on shifts to try to drain enough water to reach the trapped miners, but the rescue effort could take days. It was unclear if anyone was still alive in the shafts, some which extended one kilometre into the earth.

MOGADISHU Hundreds of women and children marched through Somalia's capital yesterday to protest the destruction of tombs of Somali clerics, some a century old, by al-Qaida-linked militants wielding sledgehammers and pickaxes. It was a rare demonstration against al-Shabab in a city mainly controlled by the extremist group. THE ASSOCIATED PRESS

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Capital punishment on the decline, with exceptions

ELISABETH BRAW
Metro World News

Arthur Judah Angel was sure he'd be executed: Many of his fellow prisoners had. Angel had the misfortune being on death row in Nigeria, a country that uses the death penalty.

"Initially I was angry with the government and the police for putting me in jail", Angel tells Metro. "But after five years on death row, I started asking God to let me live. The other prisoners thought I was crazy!"

But Angel, who had been jailed on false charges, was released after 10 years on death row. His fellow inmates haven't been so lucky. Nigeria still has 800 prisoners on death row, a miserable existence in a tiny, shared cell.

Last year 714 people were executed in 18 countries and 2001 people were sentenced to death in 56 countries, including Nigeria, according to Amnesty International's new Death Sentences and Executions Report.

Jailed on false charges, Arthur Judah Angel was released from death row in Nigeria after 10 years.

"But the trend towards abolition continues," notes Claudio Cordone, Amnesty's interim Secretary General. "139 countries have either banned the death penalty or not used it for at least 10 years. And for the first time, Europe had no executions."

But a handful of countries still employ the death penalty liberally. Last year the United States executed 52 people, Iraq 120 and Iran 388 — 112 of whom in the eight weeks after the presidential election.

But the execution albatross is China. "It executes thousands of people every year," says Cordone. "The government keeps saying the figure is going down, but it doesn't release those figures."

This year Amnesty chose to challenge China by not publishing its estimates of the country's executions.

By country
Executions last year

- China: Thousands, though no official figures are available
- Iran: 388+
- Iraq: 120+
- Saudi Arabia: 69+
- United States: 52
- Yemen: 30+
- Sudan: 9+
- Vietnam: 9+
- Syria: 8+
- Japan: 7

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Canada completes Bosnia peacekeeping mission
Canada completed its peacekeeping mission in Bosnia yesterday, with a ceremony held for the nine remaining Canadians. THE ASSOCIATED PRESS

Animals **A mother's instinct never goes away**

ASHLEY STEVENS/THE ASSOCIATED PRESS

Pixie — a poodle owned by Gail Latta of Henderson, N.C. — has been nursing a trio of baby squirrels since they were left homeless when the tree they lived in was felled by a chainsaw. After being nursed for five weeks, the squirrels were taken to an animal rehabilitation specialist over the weekend. The specialist will continue raising them until they are ready to be released.

Militia group charged

Nine alleged members of a Christian militia group that was girding for battle with the Antichrist were charged yesterday with plotting to kill a police officer and slaughter scores more by bombing the funeral — all in hopes of touching off an uprising against the U.S. government.

Seven men and one woman believed to be part of the Michigan-based Hutaree were arrested over the weekend in raids in Michigan, Indiana and Ohio, and another was still being sought.

FBI agents moved quickly against the group because its members were planning an attack sometime in April, prosecutors said. Authorities seized guns in the raids but would not say whether they found any explosives.

THE ASSOCIATED PRESS

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Comment

Tories seeking Grit knockout blow

NationalReport
Lawrence Martin

metronews.ca/nationalreport

Stephen Harper's chutzpah. There's nothing like it. Remember his election-finance manoeuvre of some time ago, the one that stank the joint out, almost toppling his government?

It's back. The Conservatives have confirmed that the measure, which would eliminate the per-vote subsidy that political parties receive, will be part of their next election platform.

It's not such a dangerous time to reintroduce the plan. Still, one would think the prime minister wouldn't want anyone to be reminded of it.

But he faces no challenge within the Conservative party. In popularity, he is running behind his party. According to the latest poll, his job approval rating is only 29 per cent. The party stands at 35 per cent. But there is no heir apparent, so this doesn't matter.

What matters is Harper's determination to cripple the Liberals. He sees cancelling public funding, which was included in his budget update package in November 2008, as one of the principal ways. Take away the subsidy and it gives his Tories a big advantage because they are much better at fundraising. For example, in 2009, according to Elections Canada, the Conservatives raised almost $18 million, the Liberals just more than $10 million. They were followed by the NDP with $4 million.

Money is key, not just at election time. Deep pockets allowed the Conservatives, among other things, to run effective attack ads against Stéphane Dion and Michael Ignatieff. The Grits didn't have enough swag to respond in kind.

The Tories don't have to worry that the opposition parties will rush to form a coalition to block the funding measure this time. The Governor General wouldn't turn power over to a coalition at this stage. There would have to be an election, one Harper would probably win.

Putting the funding measure in the campaign platform is the smart way to go about achieving the change. This way, the Tories can slip it in under the radar. It won't be a major campaign issue and if it does come up, they can argue that in difficult economic times, the public should not be funding political parties.

Opposition parties argue that a return to private financing of parties opens the doors to all kinds of abuses, some of which are seen in the U.S. system.

But it's doubtful they would be complaining if they knew how to raise money like Harper and company.

Lawrence Martin is a journalist and author of 10 books who writes about national affairs from Ottawa.

Views

Boomer onslaught threatens health care

InBusiness
Charles Davies

metronews.ca/inbusiness

For decades, baby boomers have had a profound impact on just about every aspect of society, from art and popular culture to politics and economics.

Now, the demographic bulge that makes up close to one-third of Canada's population is getting old, and it's about to train the full force of its neediness on one of our most treasured institutions — the health-care system. The question is: Will the effect be merely great, or will this increasingly decrepit horde cause the collapse of health care, producing a tsunami across the economy? The answer is buried in the contradictory nature of the boomers themselves. They simultaneously defy traditional notions of aging, yet feel completely entitled to impose extraordinary demands on the health-care system.

At the onset of senior citizenship, they're far perkier than their parents' generation at the same age. They're generally more active, they're working longer, they're embracing wellness in all its forms, and they can look forward to a steadily expanding life expectancy.

The stakes in the boomer health-care onslaught are high. This year, as the first of the boomers turn 65, Ontario will spend more than 46 cents of every dollar it takes in to fund health care. At the current annual rate of growth, the province will spend 50 cents on the dollar on health care by 2014, and about 66 cents by 2030, when the youngest boomers will hit retirement age.

Ontario isn't alone. Every province faces the prospect that health-care costs will spiral out of control, undermining other priorities.

Obviously much needs to be done to better manage the health-care system, to make it more efficient and effective. But much depends on baby boomers' attitudes and behaviour.

To the extent that boomers stay active, follow balanced diets and avoid bad habits, the risks will be mitigated. The same goes for proactive screening to detect conditions before they become serious. Senior boomers who lead healthy lifestyles won't just be helping themselves; they'll be helping all of us. Let's hope they eat their spinach.

Charles Davies is a veteran business writer who has worked for Canadian and international news organizations.

MICHAEL DE ADDER

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U.S. government selling Citigroup stake
The U.S. Treasury Department said yesterday it will begin selling the stake it owns in Citigroup Inc., which could result in a profit to the government of about $7.5 billion US. THE ASSOCIATED PRESS

Business

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EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Liberal strategy a mistake: Experts

Economists and business leaders are warning the federal Liberals that they are about to repeat Stephen Harper's mistake in proposing to scrap billions of dollars in scheduled corporate tax cuts.

The federal Conservatives' two-point cut of the GST made for good politics but bad economics, economists have long complained. Now they say Liberal Leader Michael Ignatieff is also attempting to take the easy political route in trying to raise an estimated $6 billion in additional revenue, buying future votes at the expense of the long-term health of the economy.

Ignatieff said Sunday that a Liberal government would freeze the corporate tax rate at 18 per cent, indefinitely deferring a planned cut to 15 per cent until it's affordable.

But TD Bank chief economist Don Drummond said yesterday there is almost universal agreement among experts that the most destructive taxes are those on corporations and the least are sales taxes.

Don Drummond

In 2006, the Tories cut the GST rather than what economists say would have been preferable — reducing income levies, particularly on lower-earning Canadians.

The moves proposed by Ignatieff would take billions of dollars from a corporate sector that is just emerging from a deep recession and needs the money to invest and modernize, economists said.

Tax rates
18% Current corporate tax rate
15% Lower rate planned by government

Canadian Chamber of Commerce president Perrin Beatty said the federal Liberals sprang the proposal without consulting with the business community beforehand.

"It was a surprise and an unpleasant one," he said.

"We will be following up with them to express our deep concern about this."

It is furthermore unclear whether Ottawa would gain as much as the Liberals believe, said Toronto-area economic consultant Dale Orr.

THE CANADIAN PRESS

Greece raises $6.7 billion

EUROPE Greece raised $6.7 billion US yesterday with a seven-year bond issue in a crucial first borrowing test after the euro zone unveiled a rescue last week to help Athens cope with its acute debt crisis.

However, the government's borrowing costs remain higher than it wants.

The bonds were sold at a coupon yield of 5.9 per cent, according to a statement from the government's Public Debt Management Agency. State-run media said around €7 billion in offers were received.

The high yield comes before April and May deadlines to refinance about €20 billion in debt, with total borrowing needs at $72 billion US this year.

The issue yesterday proves Athens can get funds from the bond markets. But Greece is still borrowing money at roughly twice the cost of Germany, and the government has repeatedly warned that the high rates are unsustainable.

Greece had raised another €5 billion earlier this month, selling 10-year bonds on a punishing yield of 6.3 per cent.

Last week, the 16 euro-zone countries promised loans together with funding from the International Monetary Fund to assist Greece if it is unable to borrow or pay its debts.

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Dundee returns to profit

INVESTING Dundee Corp. returned to profitability in 2009, a year in which the Toronto-based investment firm broadened its focus to attract more non-retail and institutional clients.

One of the company's subsidiaries, Ned Goodman Investment Counsel Ltd., is in the final stages of a plan to raise up to $1 billion for private equity investment in the resource sector through Dundee Global Resource LP.

Dundee, which also has a number of publicly traded subsidiaries including its flagship DundeeWealth Inc., said it earned $62.4 million in the 12 months ended Dec. 31 or 77 cents per share on a fully diluted basis

That compared with a $196.2-million annual loss or $2.62 per in 2008, when the company had to reduce the carrying value of certain corporate investments amid a major market downturn caused by a crisis in the U.S. financial sector.

Dundee Corp.'s revenue was $1.04 billion in 2009, down 15.5 per cent from $1.2 billion a year earlier. The largest source of revenue was management fees, which increased to $466.6 million last year from $464.3 million last year.

THE CANADIAN PRESS

Ex-IBM exec pleads guilty in insider trading case

LEGAL A former IBM senior executive says he is pleading guilty to federal charges arising from what prosecutors call the largest insider trading case in hedge fund history.

Robert Moffat announced his plea yesterday in federal court in Manhattan. It was not immediately accepted by the magistrate judge.

The 53-year-old Moffat said he is pleading guilty to conspiracy to commit securities fraud and securities fraud. The charges carry a potential penalty of 25 years in prison.

Moffat was once considered a candidate for chief executive officer at IBM. He has been free on $2 million bail. Moffat was considered the highest level executive arrested in connection with a scheme that centred on the securities trades of a portfolio manager for Galleon Group. THE ASSOCIATED PRESS

Irish government buys into banks

BANKING Shares in Irish banks fell sharply yesterday, ahead of an expected government announcement that it will take a majority stake in Allied Irish Banks and an increased stake in Bank of Ireland.

At midday, Allied Irish shares were down 19.7 per cent to $1.83 US, and Bank of Ireland shares were 13.3 per cent lower at $1.62

Finance Minister Brian Lenihan plans to make a statement to Parliament after the market closes today. THE ASSOCIATED PRESS

Retail **Reitmans on the rise**

STEVE WHITE/THE CANADIAN PRESS

Women's clothier Reitmans (Canada) Ltd. says its profits were 56.9 per cent higher in the fourth quarter compared with the year earlier. The Montreal-based company said yesterday that its profit was $14.1 million, or 21 cents per share, in the period ended Jan. 30. That's an increase from $9 million, or 13 cents per share, in the comparable period ended Jan. 31, 2009.

Business in brief

LOSS Whiterock Real Estate Investment Trust slid to a full-year loss of $2.4 million last year on higher expenses and lower revenues. The Toronto-based REIT said the results were worth 27 cents per share for the year ended Dec. 31, compared with a $1.6-million profit, or 21 cents per share, in 2008. Revenue rose to $61.1 million from $56.2 million.

THE CANADIAN PRESS

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Ontario miner buys two properties in Quebec

Junior Ontario miner Murgor Resources Inc. has acquired two additional properties in a 50-50 joint venture with Eagle Hill Exploration near Eagle Hill's Windfall Lake Property in Quebec. THE CANADIAN PRESS

Rio Tinto fires 4 jailed staff

Unexpectedly harsh jail sentences of seven to 14 years for four Rio Tinto employees charged with taking bribes and stealing commercial secrets could augur tougher times for foreign companies and errant executives in China's unruly business world.

Seeking to protect its business ties from what it termed the men's "deplorable behaviour," the mining giant promptly fired all four.

Rio Tinto in Canada

- Rio Tinto owns the former Alcan's aluminum smelting assets in Quebec and B.C. It is also a partner in the Oyu Tolgoi copper project being developed in Mongolia by Ivanhoe Mines Ltd. and controls Iron Ore Co. Canada, Canada's largest iron ore producer, and the Diavik diamond mine in the Far North.

The court's rulings against Australian citizen Stern Hu, former manager of Rio Tinto's iron ore business in China — who was sentenced to 10 years — and three Chinese co-workers suggest authorities are taking a sterner stance toward foreign companies caught violating the country's often selectively enforced corruption code.

Rio Tinto, based in London and Melbourne, is a key industry negotiator in price talks with China's state-owned steel mills, and the arrests of its employees last August were initially thought linked to Beijing's anger over high prices it paid for iron ore — a key commodity for China's booming economy. That belief was shaken last week after the four pleaded guilty to taking bribes from steel mills trying to get preferential access to ore supplies.

THE ASSOCIATED PRESS

Union selling Ford warrants for retiree health care

FORD The United Auto Workers union is hoping to raise at least $1.3 billion US for its retiree health-care trust fund by selling all of its 362 million warrants for Ford Motor Co. stock.

The trust will auction the warrants, which were issued in December 2009 as part of contract talks with the union, starting at 8 a.m. today, Ford said yesterday in a statement. The automaker and union agreed to the trust to help Ford remove retiree health care costs from its books.

The trust began paying health care costs for thousands of retirees and their spouses on Jan. 1, and the company said it is saving Ford roughly $500 million per year.

Shelly Lombard, credit analyst at the New York bond research firm GimmeCredit, said the UAW trust is wise to sell the warrants now, since Ford's stock has been on the rise.

"The economy's improving and Toyota's on the ropes, so the sense is that things will only go up from here," she said.

THE ASSOCIATED PRESS

THE ASSOCIATED PRESS/FILE PHOTO

Ford headquarters in Dearborn, Mich.

Business in brief

CANWEST Canwest Global Communications Corp. says the Ontario Superior Court of Justice has extended the media company's creditor protection from bankruptcy until June 15. The company said yesterday that the latest extension comes days before a March 31 deadline, which was itself extended from last year. Canwest filed for protection from bankruptcy last fall under the federal Companies' Creditors Arrangement Act after amassing $4 billion in debts and getting squeezed by the recession-induced slump in advertising revenues.

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Your Money

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Checklist for HRTC

AlisonOnMoney

As everyone's favourite date draws near — the April 30 federal tax deadline — the hunt for deductions intensifies. One sweet gimme from Ottawa is the 2009 Home Renovation Tax Credit of up to $1,350 for eligible work completed or materials purchased after Jan. 27, 2009, and before Feb. 1, 2010.

Scrutinize the rules before you file because you may have purchased products or made changes to your home that you don't realize will qualify you for all or a portion of the HRTC. On the other hand, you may be counting on a tax credit for something not on the HRTC list.

In order to be eligible for the credit, materials must have been paid for and work completed by the deadline. If a job straddled the deadline, whatever you paid up to Feb. 1 is claimable. However, if you have been billed by a contractor before the deadline but didn't pay until after you can still claim the amount. But deposits on work not yet begun or product not acquired, i.e. in your hands, doesn't count.

Renovations to income property, whether it is separate premises or part of the one you live in, won't qualify. Also, work can't have been done by a relative.

If your spending didn't hit the $15,000 mark to claim the maximum grant here are a few things you might be overlooking. Permits, equipment rental, air conditioning and even in-ground swimming pools all qualify. Some window treatments are eligible if they are considered permanent fixtures.

And don't forget materials for DIY jobs from lumber and tile to paint and nails. But if you bought tools in order to install your own toilet they, unfortunately, don't have the HRTC green light.

Finally, receipts are critical. I expect the HRTC is going to be high on the CRA's radar. Make sure you have official proof of payment from companies, retailers or contractors. For more information, go to cra-arc.gc.ca and search HRTC.

Alison Griffiths is a financial journalist, author and host of Maxed Out on the W Network. Write to her at griffiths.alison@gmail.com.

How to prevent identity theft

HEATHER BUCHAN
for Metro Canada

Identity theft costs the Canadian economy $2.5 billion per year, according to the Canadian Council of Better Business Bureaus. It comes in many forms, but essentially it is the unauthorized possession, trafficking, or use of someone else's personal information.

According to Phonebusters, Canada's leading fraud watchdog agency, about 12,000 Canadians are the victims of identity theft every year.

Fraudsters steal people's personal information in order to access bank accounts, transfer bank balances into their own accounts, apply for loans or credit cards under someone else's name, make purchases on someone else's card, receive government benefits under someone else's name and obtain passports under someone else's name.

Fraud Prevention

If any of this happens to you, you'll be left with bills, charges, bad cheques and taxes that you must prove aren't yours. Other hassles include having to get a new driver's licence, closing your bank accounts and opening new ones and reinstating your good name and credit reputation, which could be marred by fraudulent activity.

Identity thieves want following information:

Your name, date of birth, social insurance number, full address, mother's maiden name, and your signature as well as your driver's licence number, PIN, credit card info (expiry dates and last three digits), passport number, and bank account numbers.

For more information on your privacy rights, call the Office of the Privacy Commissioner of Canada at 1-800-282-1376.

Ways to protect yourself

- Never give personal information to anyone over the phone or Internet unless you initiated the communication, you know and trust the person, and you know the communication channel is secure.
- Monitor your financial accounts regularly.
- Check your credit report regularly for unusual activities.
- If you are suspicious of any activities, file a report with your local police.
- Remove any identity cards from your wallet that you don't regularly use.
- Never lose sight of cards. Ask to swipe them yourself.
- Shield a keypad when keying in your PIN number.
- Shred personal and financial documents before throwing them out.
- If you suspect credit fraud, contact Equifax Canada at 1-800-465-7166 or Transunion Canada at 1-877-525-3823 to place a fraud alert on your credit reports.

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PostGame

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Sports

Roethlisberger skips workouts

Steelers quarterback Ben Roethlisberger, left, accused of assaulting a female college student in Georgia, did not report to the team's off-season workouts. Team spokesman Dave Lockett said Roethlisberger will not work out with his teammates this week. The team apparently believes it would be a distraction for Roethlisberger to be working out at this time. THE ASSOCIATED PRESS

EDITOR: DON.MCHOULL@METRONEWS.CA

New grass pays off for TFC

BMO FIELD Apparently, if you sod it, they will come.

After three seasons of grumbling from Toronto FC fans, players and management, crews are expected to finish laying the new grass at BMO Field today. That gives it a little more than two weeks to attach, firm up and green before the team holds its home opener.

Also today, Major League Soccer commissioner Don Garber is expected to confirm that the same field will play host to the league's championship game Nov. 21.

Garber has scheduled "a major announcement" for the Air Canada Centre alongside Mayor David Miller, a TFC season-ticket holder, and Tom Anselmi, executive vice-president and chief operating officer with Maple Leaf Sports and Entertainment.

A source confirmed they will announce the MLS Cup championship game is coming here, less than a month after MLSE submitted a formal bid to host it at BMO Field.

TORSTAR NEWS SERVICE

A pitched battle

Eveland fighting to earn spot in Jays' rotation

There was an ice pack on his shoulder and a smile on his face, but even after making a nearly flawless appearance on the mound for the Toronto Blue Jays, Dana Eveland still had no idea whether he had crept any closer to making the team's starting rotation.

The 26-year-old left-hander threw six scoreless innings against the Detroit Tigers yesterday, striking out eight batters and issuing just one walk. Eveland was pleased, but entirely unsure whether it was enough to land him a job this season.

"I'm not even trying to guess anymore," he said. "I'm just going to take the ball when they let me have it and throw my best. And, hopefully, things will work out for me. If not, I might have to end up somewhere else. Who knows?"

Despite the fact most projections have the Blue Jays finishing closer to the bottom of the American League East than the top, the team is facing a series of difficult roster decisions with the regular season set to begin next week. Following a 2-2 nine-inning tie against the Tigers, Blue Jays manager Cito Gaston said only two starters have secured a spot.

COLIN MCCONNELL/TORSTAR NEWS SERVICE

Toronto Blue Jay Dana Eveland pitches against the Detroit Tigers yesterday. Eveland threw six scoreless innings.

Shaun Marcum will get the ball on opening day, with sophomore Ricky Romero slotted in as the No. 2 pitcher. Brandon Morrow, a potential No. 3, threw 52 pitches in a simulated game yesterday and could pitch in the spring training finale this weekend if his sore shoulder allows.

Marc Rzepczynski, Brett Cecil and Brian Tallet are also in contention. Eveland, acquired in an off-season trade with Oakland, is out of options, meaning he would have to pass through waivers if the Jays tried to re-assign him to the minors. THE CANADIAN PRESS

Giguere 're-energized' since landing in Toronto

NHL Jean-Sebastien Giguere believes he's found a home in Toronto.

The 32-year-old former Conn Smythe winner and Stanley Cup champion was relegated to back-up duties with the Anaheim Ducks, but is being given every chance to show he's a top-calibre goalie as the Maple Leafs season winds down.

"I got re-energized when I got here," Giguere said of the trade that brought him to Toronto. "Practices are a little different, a little shorter, so it's easier to push yourself to the limit. It's a new beginning in a new place. And playing games helps. You can play and work on stuff and play again, see where you're at and see where your game is."

Giguere took the loss Sunday night in Pittsburgh, but was the reason the Leafs earned the point as the Penguins came at him in waves. When pucks got by him, Giguere was mad, slamming his stick on the ice.

"I was upset," said Giguere.

"I get upset when goals go in. Part of my job is to give up goals. I don't like it. After so many goals it still upsets me. The day it won't I will retire."

"It's a new beginning in a new place."
Goalie Jean-Sebastien Giguere

That won't be any time soon. Giguere started off with a bang in Toronto, posting back-to-back shutouts in his first two games, the first Leaf goalie to do that in his debut. He has slowed down a bit, but has gone 4-6-2 since his arrival, with a 2.61 goals-against average and a .913 save percentage — decent numbers all.

More remarkable might be his effect on Jonas Gustavsson. The two talk far more than Gustavsson did with Vesa Toskala, sent to Anaheim in that Jan. 31 trade, and subsequently moved to Calgary. Giguere and Gustavsson play similar styles and Gustavsson seems to be feeding off that.

Gustavsson is 7-1-0 with a 2.15 goals-against average since Giguere's arrival.

Those seven wins have been in a row, and he has a chance to go to eight tonight when the Leafs host the Thrashers.

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Heat forward apologizes for racy photos

Miami Heat forward Dorell Wright says he is "embarrassed" that explicit photos of himself have been posted on the Internet. Though the team, Wright issued an apology yesterday, saying the matter "is something I truly regret." THE ASSOCIATED PRESS

CHUCK BURTON/THE CANADIAN PRESS

Toronto Raptors Chris Bosh and Charlotte Bobcat D.J. Augustin, left, battle for a loose ball last night.

Turkoglu helps Raps to key win

NBA RESULTS

Raptors 103 Bobcats 101

Chris Bosh had 22 points and 11 rebounds, Hedo Turkoglu hit the go-ahead three-pointer a day after getting benched, and the Toronto Raptors beat the Charlotte Bobcats 103-101 last night for a key victory in the Eastern Conference playoff race.

The Raptors (36-37) entered having lost three straight and 13-of-17, but they managed to snap Charlotte's three-game winning streak to stay in eighth place in the East, a game ahead of idle Chicago.

Toronto was up two when Sonny Weems missed two free throws with 13 seconds left to give Charlotte a chance. But Tyson Chandler couldn't handle Raymond Felton's pass in the lane.

It left owner Michael Jordan shaking his head as the Bobcats (38-35) remained in seventh in the East and surrendered the tiebreaker to Toronto.

THE ASSOCIATED PRESS

SCOREBOARD

NHL

YESTERDAY'S RESULTS

Buffalo 3 Boston 2
Carolina 4 Atlanta 1
Nashville at Florida
Los Angeles at Minnesota
Dallas at Anaheim

TODAY'S GAMES

Atlanta at TORONTO, 7 p.m.
Boston at New Jersey, 7 p.m.
N.Y. Rangers at N.Y. Islanders, 7 p.m.
Ottawa at Washington, 7 p.m.
Tampa Bay at Columbus, 7 p.m.
Edmonton at Detroit, 7:30 p.m.
Chicago at St. Louis, 8 p.m.
Los Angeles at Nashville, 8 p.m.
Phoenix at Vancouver, 10 p.m.

OVERALL STANDINGS

EASTERN CONFERENCE

	GP	W	L	OL	GF	GA	Pt
y-Washington	75	49	15	11	292	214	109
dx-Pittsburgh	76	44	25	7	237	217	95
dx-Buffalo	75	42	23	10	215	189	94
x-New Jersey	75	44	26	5	203	183	93
Ottawa	76	41	30	5	205	216	87
Philadelphia	76	38	32	6	221	210	82
Montreal	76	37	31	8	204	208	82
Boston	75	34	29	12	190	189	80
Atlanta	76	33	31	12	224	240	78
NY Rangers	75	33	32	10	197	203	76
Carolina	76	32	35	9	210	236	73
NY Islanders	75	31	34	10	196	232	72
Tampa Bay	75	30	33	12	197	237	72
Florida	74	30	33	13	193	217	71
TORONTO	**76**	**28**	**35**	**13**	**202**	**250**	**69**

WESTERN CONFERENCE

	GP	W	L	OL	GF	GA	Pt
dx-San Jose	76	47	19	10	247	198	104
dx-Chicago	74	46	21	7	241	191	99
d-Vancouver	75	45	26	4	244	195	94
x-Phoenix	76	47	23	6	210	187	100
Nashville	76	43	27	6	211	210	92
Detroit	75	39	23	13	207	197	91
Los Angeles	74	42	26	6	216	199	90
Colorado	75	41	27	7	225	207	89
Calgary	76	38	29	9	194	193	85
St. Louis	75	36	30	9	203	205	81
Dallas	75	33	28	14	215	235	80
Anaheim	74	35	31	8	208	226	78
Minnesota	75	36	33	6	205	224	78
Columbus	76	31	32	13	204	243	75
Edmonton	75	24	44	7	190	255	55

x - clinched playoff berth; y - clinched division title; d - division leaders ranked 1-2-3 regardless of points

NBA

YESTERDAY'S RESULTS

TORONTO 103 Charlotte 101
San Antonio at New Jersey
L.A. Lakers at New Orleans
Denver at Dallas
New York at Utah

TODAY'S GAMES

Sacramento at Indiana, 7 p.m.
Oklahoma City at Philadelphia, 7 p.m.
Phoenix at Chicago, 8 p.m.
L.A. Clippers at Milwaukee, 8 p.m.
Washington at Houston, 8:30 p.m.

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Coach not proud of outburst that became online hit

AHL A screaming, stick-breaking meltdown caught on video has turned Jim Playfair into an Internet sensation.

The intense but usually controlled head coach of the American Hockey League's Abbotsford Heat became enraged over the weekend following a call by referee Jamie Koharski during a game against the Hamilton Bulldogs.

A jaw-dropping video on the Internet shows Playfair violently shattering two sticks and ripping off his jacket while screaming at officials.

The video had drawn more than 600,000 views on YouTube as of yesterday afternoon. It even made CNN.

Playfair isn't proud of the outburst but he's not sure he needs to say sorry either.

"It is what it is," a soft-spoken Playfair said yesterday after the Heat practised. "I'm not going to apologize for it.

"It's part of the emotion level you have to have to get to be a professional person. That's what happened."

The former NHL player and Calgary Flames coach seemed composed but uncomfortable in the glare of attention the incident has attracted. He shifted from foot to foot while patiently answering questions from the larger-than-normal media turnout.

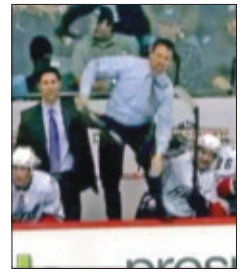
He would have rather talked about last night's key divisional game against the Manitoba Moose. Instead Playfair had to find an explanation for something that most people found unexplainable.

"It's not something you are proud of," said the 45-year-old. "It isn't my proudest moment for sure. It's not to the point where it's embarrassing.

"It is what it is. I can't take it back. I can have you check my history and it's just not something I do consistently. It's not a motivational tool. It's something that happened in the heat of the moment."

An AHL spokesman said Playfair has been fined an undisclosed amount for the incident.

THE CANADIAN PRESS



THE CANADIAN PRESS

In this image from a video, Abbotsford coach Jim Playfair throws a tantrum on the team bench after a penalty call.

VideoOnline

Watch a video of Jim Playfair's outburst at metronews.ca/sports

Locker-room visit earns suspension for Argo

FOOTBALL Toronto Argonauts defensive tackle Adriano Belli has been suspended for the team's CFL season opener because of incidents that occurred last season.

Adriano Belli

The CFL announced yesterday that it was suspending Belli for one game for "a pattern of inappropriate behaviour that culminated with Belli's pre-game confrontation with members of a visiting team on Nov. 7, 2009."

Angry with some of the Montreal Alouettes over incidents earlier in the season, Belli entered the club's locker-room at Rogers Centre prior to the game and confronted some members of the team.

Belli was also fined earlier in the season for other transgressions.

The CFL said the decision to suspend Belli was made late last season and had been shared with him and the Argos but wasn't "communicated publicly at the time out of respect for the CFL playoffs and Grey Cup."

The Argos open the season July 1 in Calgary.

THE CANADIAN PRESS

Sports in brief

SOCCER Carlos Tevez's 13-minute hat trick gave Manchester City a 3-0 victory over 10-man Wigan yesterday to stay within two points of the final Champions League place. Liverpool had beaten Sunderland 3-0 Sunday to move to fifth but City reclaimed the position and is two points behind fourth-place Tottenham.

NBA The chief executive of the New Jersey Nets will have lunch with a fan who recently wore a brown bag over his head to protest the team's woeful season. Nets CEO Brett Yormark and Chris Lisi of Middletown, N.J., will sit down for lunch today at the Nets' headquarters.

NASCAR Denny Hamlin surged to the front after a blunder and won the rain-delayed NASCAR race at Martinsville Speedway in a wild finish. The victory was Hamlin's second straight on the shortest, oldest track in the Sprint Cup Series.

BASKETBALL Centre Cole Aldrich, who helped lead Kansas to its sixth straight Big 12 title, is headed for the NBA. The six-foot-11 junior made the announcement in a news conference yesterday. Aldrich averaged 11.3 points and 9.8 rebounds for the Jayhawks, who were the overall No. 1 seed in the NCAA tournament before they were upset by Northern Iowa.

SOCCER Arsenal says captain Cesc Fabregas could still play against Barcelona tomorrow in the Champions League quarter-finals after receiving treatment for bruising on his knee and leg. Arsenal said the Spain midfielder is "fighting to be fit" after being injured in Saturday's 1-1 draw at Birmingham.

BASEBALL Washington Nationals general manager Mike Rizzo said right-hander Stephen Strasburg will make his minor-league debut for double-A Harrisburg against Altoona April 11. Strasburg was optioned to Harrisburg March 20 after going 1-0 with a 2.00 ERA in nine exhibition innings.

METRO NEWS SERVICES

NHL denies report that deal is in place to move Coyotes

LEASE AGREEMENT The NHL is denying a report that it has a deal in place to move the Phoenix Coyotes if a lease agreement at the team's suburban arena isn't reached in the near future.

The report, published in yesterday's online edition of the Phoenix Business Journal, said a deal with Jerry Reinsdorf to buy the Coyotes and keep them in Glendale could hinge on a clause that would allow the owner of the Chicago Bulls and White Sox to move the team if its bottom line doesn't improve.

The report went on to say the NHL is in negotiations with Toronto billionaire David Thomson and Winnipeg-based True North Sports and Entertainment on a backup plan that could see the Coyotes move back to Manitoba's capital.

"At this point in time the National Hockey League has no 'deal' in place to move the Coyotes' franchise to Winnipeg — or to any other city for that matter — in the event a transaction cannot be timely consummated in Glendale," NHL deputy commissioner Bill Daly said in a statement last night.

THE CANADIAN PRESS

Winnipeg

- Bill Daly said the league has had discussions with David Thompson and True North Sports about future ownership of a franchise, including the potential return of a team to Winnipeg.

Laurentian continues push for architecture school
Laurentian University president Dominic Giroux is "cautiously optimistic" that the university will able to launch its proposed architecture school in September 2011 as planned at a temporary site in downtown Sudbury. METRO NEWS SERVICES

Workology

Praise, derision for budget

While Colleges Ontario and the Council of Ontario Universities are praising the provincial government for its commitments to higher education in the 2010 budget, faculty and students groups have mixed reactions. On the province's pledge to add 20,000 new college and university spaces, the Ontario Confederation of University Faculty Associations states there is no mention of hiring additional professors needed to teach these new students. METRO NEWS SERVICES

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

The Junction's getting trendy

West-end neighbourhood has undergone rapid change into a business haven

Small Business City

RAFAEL BRUSILOW
for Metro Canada

Rapid social change has made The Junction one of the trendiest neighbourhoods for homebuyers and a lucrative launch point for small business.

The west-end neighbourhood, that gains its name from the four railway lines that converge at its centre, was once a much darker place than the clean and trendy place it is today.

Alcohol was prohibited in The Junction for much of its life and when the dry laws were repealed in the late 1990s, the Axis Gallery and Grill (3048 Dundas St. W.) was the first bar to serve liquor in the area. When Axis owner Roger Bu took over the establishment in 2004, The Junction was unrecognizably different from today.

"When I started, I used to see hookers on the street. Now it's much, much cleaner here. The neighbourhood is very peaceful, with no violence. Now young professionals are moving into this neighbourhood because the property is still cheap compared to High Park and people see this as an up-and-coming area," Bu said.

The arrival of the middle class into The Junction has meant more business and more competition but Bu says the overall effect can only be positive for owners like him.

"Even with all the new places opening up, every year I still see my numbers going up. When an area gets matured, it's good for everybody," Bu said.

At Indian restaurant Curry Twist (3034 Dundas St. W.), owner Anant Singh says the best sign of change in the neighbourhood has been the growth of young families who now comprise the majority of foot traffic. While Toronto is often known for its small, self-contained cultural pockets, The Junction has become very much a melting pot of cultures and backgrounds and Singh hopes the trend will continue.

"You see a lot of young couples in this area, it shows the neighbourhood has life to it. It's very mixed here and I'd like to see The Junction develop more and be an example for the rest of Toronto of how to raise a community," Singh said.

The increased competition has been a challenge but also a boon and Singh hopes The Junction can serve as a blue-print for how to create a truly mixed community in Toronto.

"The last two years have really seen big changes with lots of trendy new businesses opening up. The competition is more challenging for sure — there are four Indian restaurants in this stretch alone — but the rents are reasonable and there's a good cross-section of society here," Singh said.

CONT. ON NEXT PAGE>>

PHOTOS: RAFAEL BRUSILOW/FOR METRO CANADA

Curry Twist owner Anant Singh says the Junction has seen an influx of young families, while Roger Bu of Axis, pub at right, says the neighbourhood is continually getting better.

Don't miss Spaces and Places!

The Junction will be the focus of this week's Spaces and Places feature in Metro Homes this Thursday. Don't miss it!

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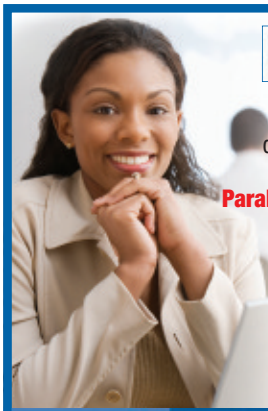

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$166 million for Canada Research Chairs

Last Friday, the federal government announced an investment of $165.5 million in 187 newly awarded or renewed Canada Research Chairs at 44 universities across the country. METRO NEWS SERVICES

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PHOTOS: RAFAEL BRUSILOW/FOR METRO CANADA

Owner of The Sweet Potato Digs Dorfman says of The Junction, "I'm probably on a first-name basis with at least 100 customers."

Forever Interiors owner Martin Scott says appealing to everyone in the Junction is important for the stores in the neighbourhood.

<<CONT. FROM LAST PAGE

At organic grocery market The Sweet Potato (2995 Dundas St. W.), owner Digs Dorfman saw the growing viability of The Junction two years ago when he opened and says the local clientele has been very supportive.

"I feel there's a stronger set of community values here than anywhere else in the city. I'm probably on a first-name basis with at least 100 customers. We've been busy right from the start and that's been due to the support of the community here," Dorfman said.

At Forever Interiors (2903 Dundas St. W.) where owner Martin Scott builds gorgeous high-quality furniture out of reclaimed wood, clientele have almost exclusively been professionals aged 27-45, a demographic he says all owners in The Junction are working hard to capitalize on.

"We've seen a better selection of stores come in that are better suited to the middle-income, professional demographics of the area. There are 23,000 houses in the area and we're all working on getting them here."

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uAlberta to discontinue funding for health ethics centre
At the end of June, the John Dossetor Health Ethics Centre will lose its funding from the University of Alberta's Health Sciences Council, which represents eight different faculties. METRO NEWS SERVICES

Being a student just got easier, money-wise

College and university students in Ontario will get more financial aid and more flexibility on loan repayment options as the province moves to increase new post-secondary spaces this fall.

The changes to the Ontario Student Assistance Program include 1,000 new graduate scholarships, a new grant for part-time students and additional support for married students or those with children. The Ontario Student Opportunity Grant threshold, which caps annual student debt, will increase to $7,300 from $7,000 for a two-term academic year, the first increase in 12 years.

Students will also be allowed to keep more of the money they earn from part-time jobs and will get a no-interest period on student loans for six months after graduation.

The changes, which provide details of an $81-million plan promised in the fall economic statement, will improve assistance for about 188,000 students.

The tuition fee framework is also being extended for two more years, limiting tuition fee increases to an average of five-per-cent annually.

The Ontario Undergraduate Student Alliance, which represents more than 140,000 university students, welcomed the move, calling it a "huge step forward for students relying on government aid to access higher education."

The alliance says the changes mean the weekly loan limits will increase to $150 from $140 per week.

They also tie the maximum assessment for textbook and supplies costs to the rate of inflation.

"The sustained regulation of tuition fees is promising, however, students in Ontario continue to pay the highest fees in the country," said OUSA executive director Alexi White. THE CANADIAN PRESS

Did you have to leave High School before graduating?

If you left school for financial or social reasons you may now enter the University of Toronto through the Transitional Year Programme.
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Understand what you're eating

Post Shredded Wheat has launched a new website postshreddedwheat.ca, developed by nutritionists. It lists the ingredients of breakfast cereals, what they mean in layman's terms and serving suggestions. METRO NEWS SERVICES

Food

Bowls of festivity

Collect your egg hunt finds or serve Easter breakfast in these rabbit-adorned stoneware bowls. Exclusive to the President's Choice Home collection, these colourful bowls also make the perfect festive gift. A set of these four dishwasher- and microwave-safe bowls is availabe at Loblaws stores for $9.99. For store locations, visit loblaws.ca.

METRO NEWS SERVICES

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

This lamb dish is celebrity chef Marcus Samuelsson's idea of a perfect Easter lunch.

Easter lunch

Celeb chef suggests lamb with a twist

ELISABETH BRAW
Metro World News

Marcus Samuelsson, the executive chef at New York's famous Aquavit restaurant, cooked President Obama's first state dinner.

But for Easter, even the most culinary-challenged person can cook a delicious lunch. Samuelsson, who was born in Ethiopia and raised in Sweden, tells Metro's readers how to make a delicious Easter meal with a new twist.

For lamb/wine pairings, see page 29

Miso-Rubbed Rack of Lamb with Broccoli Rabe Red Curry

SERVES 4

Lamb

INGREDIENTS:

- 2 Tbsp dark miso
- 1 Tbsp Spiced Butter or unsalted butter
- 1 Tbsp mild chili powder
- 1 large egg yolk
- 1 Tbsp chopped sage
- 2 Tbsp olive oil
- 2 frenched racks of lamb (1½ pounds each)
- Salt and freshly ground black pepper
- ¼ cup panko bread crumbs

METHOD:

1. Preheat oven to 400°F.
2. Combine the miso, butter, chili powder, egg yolk, and sage in a small bowl. Set aside.
3. Heat the olive oil in a large sauté pan. Season the lamb with salt and pepper. Add the lamb to the pan and sear until browned, 2 to 3 minutes on each side. Let cool slightly, then smear the miso-butter mixture over both sides of the lamb. Firmly press the panko into the miso-butter mixture on the rounded side of each rack.
4. Place the racks, rounded fat sides up, in a roasting pan. Roast until an instant-read thermometer inserted into the center of the rack reads 125°F, 15 to 20 minutes.
5. Transfer the lamb to a cutting board and let rest for 5 minutes. Serve with the broccoli rabe red curry.

Broccoli Rabe Red Curry

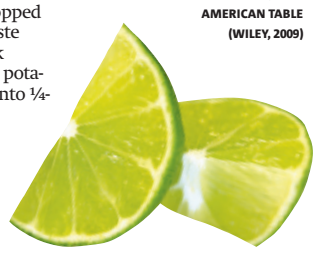
INGREDIENTS:

- 2 cups broccoli rabe (about ½ bunch)
- 5 Tbsp olive oil
- 2 teaspoons black mustard seeds
- 1 teaspoon ground cumin
- 1 teaspoon coriander seeds
- 1 red onion, chopped
- 4 sliced garlic cloves
- Juice of 2 limes
- 2 kaffir lime leaves
- 2 curry leaves
- 1 2-inch piece ginger, peeled and finely chopped
- 2 Tbsp red curry paste
- ½ cup coconut milk
- 2 small Yukon Gold potatoes, peeled and cut into ¼-inch cubes
- 2 Tbsp chopped blanched almonds
- 2 Tbsp of yogurt
- 1 Tbsp chopped cilantro
- Salt

METHOD:

1. Bring a large pot of salted water to a boil. Add the broccoli rabe and simmer for 30 seconds. Strain and rinse with cold water. Pat dry.
2. Heat 2 tablespoons of the olive oil in a large pot over medium heat. Add the mustard seeds, cumin, coriander seeds, onion, garlic, lime juice, lime leaves, curry leaves, ginger, and curry paste and sauté until fragrant, about 3 minutes. Add the coconut milk and 2 cups water. Bring to a simmer and cook for 15 minutes.
3. While the liquid is simmering, heat the remaining 3 tablespoons olive oil in a large sauté pan over high heat. Add the potatoes and sauté for 3 to 4 minutes. Reduce the heat to medium and add the almonds. Cook with the potatoes until golden brown, 4 to 5 minutes. Remove from the heat and set aside.
4. Stir the broccoli rabe and potato mixture into the simmering liquid and heat through. Stir in the yogurt and garnish with the cilantro. Season with salt.

RECIPE COURTESY OF MARCUS SAMUELSSON, NEW AMERICAN TABLE (WILEY, 2009)



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Boardwalk Chocolates' Bunny Buttons are handpainted spheres of hollow chocolate filled with organic jelly beans.

Bunny treats for vegans too

SPECIALTY STORE The Easter bunny visits vegans, too. He (or she?) is just more careful about the delivery.

Boardwalk Chocolates in Toronto is helping the bunny stay au courant. It offers hand-painted Bunny Buttons filled with organic jelly beans; truffles from traditional to adventurous; and for those who want to proselytize, "Go Vegan" hearts.

Everything in the shop is vegan, gluten-free, handmade, fair trade and eco-friendly. All the dark chocolate and sugar used in the sweet creations is organic.

"I'm vegan myself and somewhat gluten-intolerant," says Boardwalk's Siue Moffat.

She says she started the company two years ago because "there was no other fully vegan chocolate company in Toronto, Ontario, possibly all of Canada."

The chocolatier launched a line of 16 flavours of truffles March 18, along with her second vegan dessert book, Lickin' the Beaters 2: Vegan Chocolate and Candy. TORSTAR NEWS SERVICE

Fine wine auction
The Canadian Opera Company's 11th annual Fine Wine Auction will bring wine enthusiasts and novices together to bid on over $250,000 worth of hard-to-find fine wines on April 15 at the trendy Crush Wine Bar in Toronto. METRO NEWS SERVICES

A sweet feast!

Not your traditional Easter desserts

Easter Bark is a colourful, no-bake festive treat you can have fun making with the kids.

Easter Tiramisu

Most people are familiar with the classic tiramisu, an Italian espresso-mascarpone layered dessert. This version borrows the concept of a layered mascarpone cream and ladyfinger dessert, but adapts it with spring and Easter in mind.

MAKES 12 SERVINGS

INGREDIENTS:

Syrup
- 125 ml (1/2 cup) sugar
- 50 ml (1/4 cup) limoncello liqueur
- 50 ml (1/4 cup) lemon juice

Mascarpone Cream
- 5 egg yolks
- 125 ml (1/2 cup) sugar
- 50 ml (1/4 cup) elderflower liqueur
- 50 ml (1/4 cup) limoncello liqueur
- 2 tubs (each 500 g/16 oz) mascarpone cheese
- 2 pkgs (each 85 g/3 oz) ladyfingers
- 2 containers (each 170 g/6 oz) raspberries

To garnish, if desired:
- Organic edible flowers, such as pansies, roses or marigolds
- 1 egg white
- 5 ml (1 tsp) water
- Sugar

Easter Tiramisu

METHOD:

Syrup: In a small saucepan over medium, combine sugar, limoncello and lemon juice. Heat until simmering and sugar is dissolved. Set aside to cool.

Mascarpone cream: In a medium stainless-steel bowl, whisk together egg yolks, sugar and both liqueurs. Set aside.

Bring a medium saucepan with 1 cm (1/2 inch) of water to a simmer. Place bowl of egg mixture over pan. The bowl should rest over the water without touching it. Whisk yolk mixture continuously until thickened, lightened in colour and hot to the touch, about 10 minutes.

In the bowl of a stand mixer, combine mascarpone cheese and yolk mixture. Beat together on medium-low until thoroughly mixed. Increase speed to medium, then beat for 30 seconds. It should be thickened and hold peaks.

In a 2-1 (8-by-11-inch) pan, arrange a layer of ladyfingers over bottom. The number that will fit will depend on the size of the ladyfingers. Sprinkle evenly with syrup. You should use half the syrup. Spread half of the mascarpone cream over top of ladyfingers.

Evenly distribute 1 package of the raspberries over cream, gently pressing them in. Arrange a second layer of ladyfingers, drizzle with remaining syrup, then top with remaining mascarpone cream and raspberries. Refrigerate for at least 4 hours or overnight before serving.

To make sugared flowers, you can choose to use small flowers whole or pull the petals off larger flowers. Beat egg white and water together until bubbly. Using a small clean paintbrush (be sure it's never been used for paint) paint flowers or petals lightly with the egg white mixture, then sprinkle with sugar. Set aside on a wire rack to dry. Sprinkle over top of tiramisu before serving.

Easter Bark

Easy to make and fun to do with your kids, this colourful no-bake Easter treat also is a good way to use up all that Easter candy. Candy coating chocolates can be found at most craft stores in the candy and cake decorating aisle, as well as in the baking aisle of most grocers. MAKES 16 SERVINGS

INGREDIENTS:
- 125 ml (1/2 cup) sweetened shredded coconut
- Green food colouring
- 500 g (1 lb) pink candy coating chocolate
- 500 g (1 lb) yellow candy coating chocolate
- 375 ml (1 1/2 cups) candy toppings (such as small jelly beans, Easter candy sprinkles, candy-coated chocolate eggs)

METHOD:

In a large zip-close plastic bag, combine coconut and a few drops of green food colouring. Close bag and shake until coconut is evenly green. Set aside.

Line a rimmed baking sheet with waxed or parchment paper. One at a time, place each colour of candy coating chocolate in a microwave-safe bowl and heat on high in 30-second bursts, stirring between, until melted and smooth.

Spoon melted chocolate onto prepared baking sheet in a random pattern. Use a small spoon to swirl colours together.

Let cool for 5 minutes, then top with jelly beans, sprinkles, other candies and green coconut as desired. Set aside to harden completely, 20 to 30 minutes, then break into chunks.

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LiquidAssets

Peter Rockwell

metronews.ca/liquidassets

Lamb's match

We never ate lamb when I was a kid. My mother just didn't have the heart to cook anything that looked so cute. Don't tell mom, but as an adult I've more than made up for my years of eating abstinence and am sure to see a leg (maybe even a rack) at a meal or two over the up-coming holiday weekend.

Unlike other headline holidays (where turkey is king) Easter's association with lamb makes for a interesting change of pace on your plate and a wine lover's dream date because the meat is open to just about any liquid match. While a red from France's Bordeaux region or the Rioja in Spain are textbook pairings; a red with a touch of spice like **Trapiche's 2007 Broquel Malbec** ($15.95 - $16.49) from Argentina is a hip alternative.

If not lamb, you may be having ham this Sunday. Depending on the cooking style, your bottle will wind up battling either saltiness or sweetness. A fruity Frenchman from Beaujolais makes for a nice marriage, as would a red made with pinot noir. Go New Zealand and **Kim Crawford's 2008 Pinot Noir** ($19.95 - $24.99) — a consistent winner that oozes strawberry goodness.

Prices reflect the range across the country. Some products may not be available in all provinces.

Peter Rockwell is the everyman's wine writer, working in the liquor industry for more than 25 years and travelling the globe looking for something to fill his glass and put into words.

How food contributes to global warming

BOOK Want to save the planet? Check what's at the end of your fork.

From production to consumption to waste, the world's food system accounts for a hefty slice — about 33 per cent — of what's heating up the planet, says Anna Lappé in her book, Diet for a Hot Planet, to be published April 10. She argues that we need to radically change how food is produced and what we eat.

Lappé is co-founder of the Small Planet Institute, a nonprofit research network, and was named one of Time magazine's "Eco Who's Who."

Lappé, 36, who lives in Brooklyn, N.Y., talked to the Toronto Star about some of her findings.

Q You say one-third of the planet's warming comes from the global food chain. So many numbers are bandied about. What's this based on?

A That number is from data from groups such as the United Nations Food and Agriculture Organization and the Pew Center on Climate Change, among others. It comes as a surprise to a lot of people. Only last year did the media, at least in the U.S., talk about the connection between food and climate change.

Q Why is that?

A Talking about food and climate change requires thinking of food as a system. A lot of us go to the grocery store and don't think about the story behind the food on the shelf. Also, focus has been on the main sectors contributing carbon dioxide, the most significant greenhouse gas.

Author Anna Lappé.

Q The biggest single offender is livestock production, accounting for 18 per cent of global warming. Why is that?

A It's not the cow's fault. It's the deliberate choices made by the food industry and livestock producers to turn to highly wasteful and highly energy-intensive factory farm systems.

TORSTAR NEWS SERVICE

Got milk?

Cake Milk Made Shower Cream ($22) is like cleaning yourself with the most delicious vanilla milkshake you've ever tasted except without any of the sticky mess. It's also free of parabens and synthetic dyes. Available at Sephora, The Bay and cakebeauty.com. METRO NEWS SERVICES

Health & Beauty

EDITOR: EMMA.YARDLEY@METRONEWS.CA

Breasts are the best for baby

CELIA MILNE
for Metro Canada

If you are breastfeeding or planning to breastfeed, hang in there. A Toronto-based study has found that new moms don't breastfeed as long as they should for the optimal health of their babies.

"The goal is exclusive breastfeeding to six months because we know that confers the greatest health benefit for babies and mothers," says Olga Jovkovic, a registered nurse and manager for Toronto Public Health's Healthy Families program.

But the study, which surveyed 1,518 first-time moms, found that only 17.5 per cent stuck to that goal. Cracked nipples, painful over-swollen breasts and thinking that the baby isn't getting enough milk can derail the efforts.

Breastfeeding is so healthy for babies. It reduces their risk for ear infections, gastrointestinal problems and colds.

It's also somewhat protective against being overweight and developing diabetes later in life.

For moms there are benefits too. It reduces the risk of certain cancers such as ovarian and breast cancer, and also the risk for developing diabetes.

It is recommended by the Registered Nurses' Association of Ontario and all levels of government in Canada, based on medical evidence, that women continue to breastfeed their babies, at least part-time, for at least two years.

The vast majority of women do initiate breastfeeding — 96 per cent, according to the Toronto study.

Most (73 per cent) continued at least some amount of breastfeeding for the next six months. This statistic is much lower in other parts of Ontario, where only about half of moms continued for six months.

PHOTOS.COM

Breastfeeding your new baby exclusively until they are at least six months old is recommended.

"Breastfeeding is so healthy for babies. It reduces their risk for ear infections, gastrointestinal problems and colds. It's also somewhat protective against being overweight and developing diabetes later in life. For moms there are benefits too. It reduces the risk of certain cancers such as ovarian and breast cancer, and also the risk for developing diabetes."

Many women worry they don't have enough breastmilk, and start supplementing with formula.

"Most women do in fact have enough milk. They just don't recognize the signs that their baby is getting enough," says Jovkovic.

Breastmilk is digested more easily than any other foods, so babies may wake up more frequently, but this doesn't mean they're not getting enough nutrition.

In fact, waking up — though tiring for the parents — is a good thing because it's protective against sudden infant death syndrome, says Jovkovic.

To gage whether the baby is getting enough nutrition through breastmilk, nurses check how often the baby urinates, whether they seem satisfied after they feed, and whether they're active and alert when they're awake.

In every community, women can reach out for help from public health nurses, lactation consultants, midwives, clinics, and the Laleche league.

From research, experts know when problems such as cracked nipples and painful swollen breasts are most likely to arise, and can educate moms about how to solve them.

Often, it's a question of modifying position and latch, says Jovkovic.

Canadian Spondylitis Association

2010 Annual National SPONDYLOARTHRITIS PATIENT FORUM

April 10, 2010,
(Saturday - 9:30 a.m. to 4:00 p.m.)
Delta Chelsea Hotel, Mountbatten Room
33 Gerrard Street W., Toronto, Ontario
Registration starts at 9:00 a.m.

You are cordially invited to this **FREE** event. Refreshments and light lunch will be provided.
To register, contact: 1-800-344-6926 or 416-603-5800 ext. 5093,
or email: mmorales@uhnresearch.ca

Patients with ankylosing spondylitis, psoriatic arthritis, enteropathic or reactive arthritis are invited to attend along with a family member. Featured topics include treatment guidelines for SpA, significance of early detection, impact of SpA on daily life, challenges in children, access to therapeutics and ask the experts with a question and answer panel discussion.
Get involved and make your voices heard!

SPARCC

Featuring Canada's leading scientists and researchers, including prominent guest speakers!

The Arthritis Society

Walking has never been this **rewarding**

Take part in the MS Walk on April 18 and help thousands of Canadians affected by multiple sclerosis. Register by April 4 to be entered for a chance to win a $250 AVEDA gift certificate*.

Register now to end MS at www.mswalks2.ca

*for contest details visit www.mswalks2.ca

MS WALK
EVERY STEP MATTERS.

STUDENT WORKS PAINTERS
BRINKS
Chatelaine
MS Multiple Sclerosis Society of Canada

The Heart Truth Fashion Show
Tomorrow afternoon Canadian celebrities will model designer gowns at LG Fashion Week to bring awareness to women's heart health. METRO NEWS SERVICES

MAC gets their Liberty print on

Liberty of London is an iconic British brand know for its wild flowery prints. MAC is a Canadian cosmetics company whose make-up artists work for the world's top fashion designers.

This spring they launched a collaborative makeup collection, Give Me Liberty of London.

James Gager, senior vice president and creative director of MAC, explains how this came to be.

Q How did this collaboration with Liberty of London develop?

A I've been watching Liberty for quite some time and have seen the brand evolve over the years. When they started over 100 years ago, they were an iconic English company synonymous with luxury and great design ... I thought it would be really interesting to see what MAC would look like dressed up in a Liberty print.

Q What appealed to you about William Morris's 1883 Strawberry Thief print the collection is based on?

A MAC was allowed to cull from the vast Liberty archives to select this print as the inspiration for the collection. As we wanted something that would be exclusive to MAC, Liberty graciously agreed to re-work it for us.

Q How did you integrate the print into the packaging?

A I'm particularly proud of the packaging. To begin with, it is all white, which is unique for MAC. White speaks to a reawakening of everyone's sensibilities for spring. We used the motif on different parts of the packaging and, to create variety, deconstructed it by taking the flower or the bird and showcasing them on select pieces. It's evident that something original has taken place here in terms of the collaboration.

PHOTOS: MAC/LIBERTY

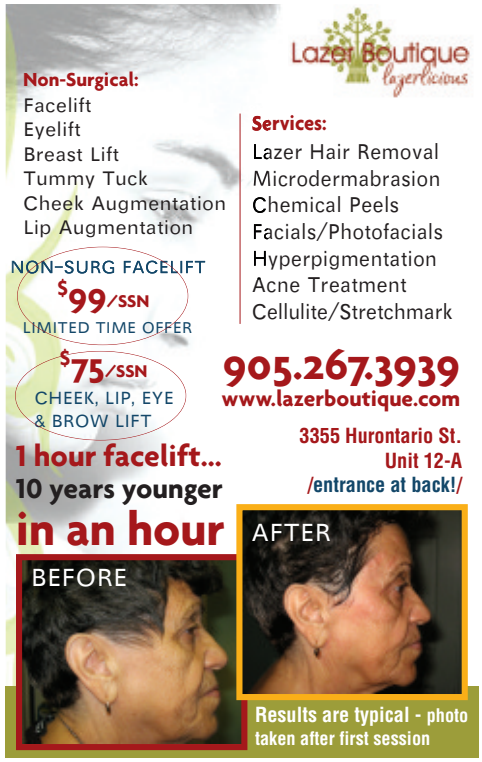
A shot from MAC's Give Me Liberty of London's ad campaign (above) and products (left)

Q Can you tell us more about the ad campaign?

A The inspiration was all Liberty and all London. The shoot took place in London. Miles Aldridge, a very talented English photographer, shot the visuals, and Charlotte Tilbury, an English makeup artist, designed the makeup. We aspired to capture the spirit of this dreadfully chic, cool English girl, sitting on a chair, decked out in all the British regalia.

Q Liberty of London is synonymous with England. How do you think the collection will translate here in Canada?

A (The) print and the products we choose are incredibly engaging, young, friendly and have a lot of style to them, and will relate to customers globally. It's the unstudied style of Sienna Miller or the Spitalfields market, or the grit and glamour of Portobello Road. METRO NEWS SERVICES



ADVERTISING FEATURE

Revolutionary Probiotic Gum Makes your Mouth a Healthier Place Promises Renowned Microbiologist

We have all heard that the eyes are the windows of the soul. Now a probiotic research scientist from New Zealand is telling us that our mouths are the front door to a lifetime of good health.

"Probiotics are friendly, health-promoting bacteria," says **Professor John Tagg**, a world-renowned microbiologist at the University of Otago in New Zealand. "Everyone knows about the importance of probiotics for the digestive tract. But for good oral health and overall immunity, we also need oral probiotics that are specific to our mouths."

He should know! When Professor Tagg was a boy of 12, he suffered from a strep throat infection that led to an attack of rheumatic fever, a serious condition that can cause permanent heart damage. Consequently, he was on antibiotic drugs for 10 long years. This personal experience inspired him to devote his life to finding friendly probiotic bacteria that prevent strep throat and other infections that enter through the mouth. After many, many years of dedicated research, he discovered BLIS!

Professor John Tagg

BLIS, which stands for Bacteriocin-Like-Inhibitory-Substance is an advanced oral probiotic. **BLIS K12** is a naturally occurring component of the S. salivarius probiotic strain.

"My published research studies show that BLIS K12 controls the undesirable and disease-causing bacteria that cause bad breath, strep throat, thrush, and ear and upper respiratory infections" explains Professor Tagg.

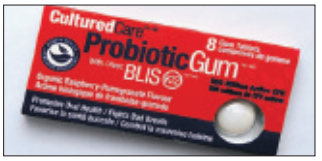
"BLIS K12 probiotic bacteria also promote general oral health and help prevent tooth decay and gum disease." Professor Tagg's BLIS K12 probiotic is now available in Canada as **CulturedCare Probiotic Gum** with BLIS K12. It is made in Canada by **Prairie Naturals**, an established, family-owned nutritional supplement company in BC.

"Gum is an ideal way to `seed` BLIS K12 probiotic throughout the mouth and throat where it will begin to colonize and grow. Chewing just one piece of CulturedCare Probiotic Gum daily provides protection for teeth, gums, throat and ears," says Professor Tagg.

Made with proprietary cold-pressed technology, CulturedCare Probiotic Gum with BLIS K12 contains the therapeutic dosage determined by Professor Tagg`s research. Its potency and purity are confirmed through independent testing in government licensed laboratories in Canada, New Zealand and the US.

"May the BLIS be with you!" This has become the mantra of the professor who discovered the powerful effects of BLIS K12 - a revolutionary probiotic.

For more information about Professor Tagg and CulturedCare Probiotic Gum with BLIS K12, please visit: www.culturedcare.com



CulturedCare Probiotic Gum with BLIS K12 is available at fine natural health product stores and pharmacies:

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Nutrition House - BCE Place (416) 216-4545
The Big Carrot Dispensary (416) 466-2129
Mississauga
The Apple Market (905) 848-4840
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Noahs Bloor (416) 968-7930
Noahs 667 Young (416) 969-0220
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Hoopers Pharmacy (416) 699-3747
Nutrition House - Erin Mills (905) 593-2952
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For info on CulturedCare call Prairie Naturals Toll Free at: 1 800 931-4247
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THE VIDEO EVERYONE'S TALKING ABOUT

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A lipstick here and a face scrub there ...

According to Health Canada, this country spends over four billion dollars every year on cosmetics. That is a serious amount of eyeshadow! METRO NEWS SERVICES

Growing and glowing

Being pregnant doesn't always have to mean stopping physical activity and piling on the pounds.

Celebrity fitness trainer Tracy Anderson, whose clientele includes Madonna and Gwyneth Paltrow, gives Metro readers tips on how to stay glowing and gorgeous before, during and after the pregnancy.

PLAN IF YOU CAN

Women trying for a baby should immediately get rid their bad habits, take up an exercise routine and go on a cleanse to get the body back on track.

The point of the cleanse is to conscientiously retrain the pallette to like clean and lean foods by wiping out all processed and sugary foods and stocking up on those containing valuable nutrients, such as whole grains, lean meats, vegetables, fruits and nuts.

For exercise, the best is to do something your body is used to and that can you can carry on throughout the nine months.

"The body changes drastically so having a strategy is key," stresses Anderson.

When women get pregnant they don't realize bad habits will carry on until after the baby is born. What matters is the mental and physical health of the mother.

DIET

Taking exercise and diet seriously when pregnant is crucial. Eat by the mantra quality not quantity and don't restrict calorie intake, as the baby will need the nutrients to develop.

Enjoy, listen and learn to manage cravings. "Many women will crave chocolate and coffee," explains Anderson. "So be smart and have a fruit puree handy to curb the cravings."

Allow for a flexible diet as, although you may only want to eat only what's good for you, you may notice you cannot stand certain healthy foods. In Anderson's case, she couldn't eat roasted chicken, usually one of her favourite foods.

Eat foods high in folic acid, which is even more critical in the first trimester: kale, brussels sprouts, turkey breast and quinoa are good sources.

You can also load up on fresh fruits, such as apples, blueberries, strawberries, dates and peaches.

You are and you aren't eating for two — you need to make sure you give the baby everything it needs to develop healthily, but you must not over indulge and put your health at risk.

"After Gwyneth (Paltrow) had her second baby she had an extra 30 pounds she couldn't get rid of. She understood there would be no superficial transformation and worked really hard to get her killer body."
Tracy Anderson
celebrity fitness trainer

EXERCISE

Do exercise to keep your muscles tightly knit and your structure together.

Walking on its own won't cut it as muscles and tissue are continually stretching — work on keeping the skin close to the muscle to make it easier to regain firmness after giving birth.

"Be mindful of your lower back and do nothing too aggressive on the joints.

"Rebounding is bad so using a trampoline is out of the question," advises Anderson. Carve out time for light weights, cardio and mat work. Avoid breaking out in sweat, as this can be dangerous.

Anderson suggests listening to your body as the pregnancy advances and having a mental image of how you want to look once the baby is born. Thinking 'sexy, lean and long' will keep you motivated.

AFTER

Breast-feeding is nature's way of helping women get their figure back — it helps to 'pull' everything back in and burn calories.

You should never not be exercising and most women don't realize the effort needed to keep in shape. From her celebrity clientele, Anderson has learnt a lot.

"After Gwyneth (Paltrow) had her second baby she had an extra 30 pounds she couldn't get rid of.

"She understood there would be no superficial transformation and worked really hard to get her killer body." Muscular structure is a recurring word used by Anderson.

"You can run and burn calories but you'll have no muscular structure. For a Victoria Secret's bum, do circuit training and work the entire body in motion."

METRO WORLD NEWS

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Buy a daffodil and make a difference
This week marks the launch of Daffodil Month, when volunteers from the Canadian Cancer Society start going door-to-door selling daffodils to raise money to eradicate cancer and enhance the quality of life for people living with the disease. cancer.ca. METRO NEWS SERVICES

Blossoming beauty

JANINE FALCON
for Metro Canada

With glowing skin, flushed cheeks, airy scents and lush, look-at-me lips, this spring's beauty offering is no wallflower.

VICHY LABORATOIRS ESSENTIELLES FACIAL CLEANSER, and **WELEDA WILD ROSE DAY CREAM** puts the bloom in your complexion with soothing rose extracts and nourishing rosehip oil respectively. $12, drugstores, and $29.49, well.ca.

MAC GIVE ME LIBERTY BEAUTY POWDER and **EYE SHADOW** are part of an exuberant, colourful limited collaboration with boho-chic Brit label Liberty of London. $30 and $17.50 respectively, MAC stores and maccosmetics.com.

GUERLAIN OMBRES PERLÉES NO. 409 is a worth-waiting-for silky shadow quad; it hits counters at the end of this month. $64, Guerlain boutiques, The Bay, Sephora and Murale.

ANNA SUI NAIL COLOUR puts flowers at your fingertips with shiny lacquer in her signature floral bottle. $15, Sears.

ELIZABETH ARDEN CERAMIDES PLUMP PERFECT LIPSTICK in **PERFECT TULIP** is a sweetly charming, youthful red for all ages. $28, drug and department stores.

QUO JUMBO LIP-GLOSS PENCIL in **PINK PETAL** makes colouring inside the lip lines girly fun. $12 at Shoppers Drug Mart.

PHYSICIANS FORMULA BAMBOO WEAR refillable powder compact and brush is beautifully eco-responsible in sturdy, sustainable bamboo printed with soy-based ink; the brush is chem-free goat hair with a bamboo handle. $9.79, drugstores.

DAISY GARLAND EDITION evokes fresh air and blue skies with the original's scented heart of gardenia, violet and jasmine in a limited-edition bottle, and bonus paper-daisy garland. $75, drug and department stores.

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PHOTOS.COM

Makeup and making out

The J Spot

Josey Vogels

metronews.ca/thejspot

Makeup has been around ever since an early ancestor fell out of the trees and decided clay streaks would be "in" that season. Or as early as 3,000 BCE, if you're fussy about dates.

Throughout history, makeup was a signifier of wealth and status. For example, early aristocrats powdered their faces so their paleness would distinguish them from their sun-weathered, field-working subjects. Predictably, once the poor folk got herded from the fields into the factories, sun tanning became de rigueur.

Wearing makeup is also sexual. According to the book Sexual Secrets: The Alchemy of Ecstasy, "cosmetics and ornaments have played a major part in sexual ritual."

As part of ancient Tantric practices, "the application of coloured cosmetics to various body parts stimulated and concentrates energy there."

In all cultures, the book adds, cosmetics help make the beautiful look exquisite and the ordinary special.

Makeup has also been used historically to indicate sexual availability. In ancient Rome, for example, prostitutes painted their mouths red to indicate that oral sex was on their "will-do" list.

And, in the book The Secrets of Sexual Body Language it states that "makeup mimics the changes that take place in your body when you become sexually aroused. When you're excited, your pupils enlarge — making your eyes look darker and bigger — your cheeks flush and the lips swell and darken."

Perfume's all about sex, too. When we have sex, the body sweats and releases a musky odour. That's why most perfumes are derived from animal scents. You might say it brings out the beast in us. The women of ancient Egypt and Rome knew this.

"In all cultures ... cosmetics help make the beautiful look exquisite and the ordinary special."

"Perfume was used in their hair and on their clothing and furnishings, as well as in baths," the Body Language book tells us. Even as far back as 4,000 BCE, wealthy women were using perfumed oils to anoint their bodies.

And jewellery? Next time you're having sex, watch your partner's earlobes swell. In some parts of Africa, long earlobes are seen as the ultimate standard of beauty, and a girl's earlobes are punctured and stretched systematically to increase desirability.

Back in mid-17th-century Europe, those funny neck ruffles were worn to emphasize a woman's neck. Apparently, some of these collars were so large, it made it almost impossible for her to eat.

It's amazing the lengths we'll go to get some action.

Josey Vogels is a sex and relationship columnist and author of five books on the subjects. For more info, visit joseyvogels.com.

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Concern over corn syrup

CELIA MILNE
for Metro Canada

There's been a lot of hype lately about a study at Princeton that found a link between high-fructose corn syrup and obesity.

This type of corn syrup is found in soft drinks and some fast foods. The study was done in rats and it found that those who drank water plus this corn syrup gained more belly fat than those who drank a mixture containing table sugar. Previous studies have found links between high-fructose corn syrup and a rise in triglycerides and fatty liver disease.

It's definitely a good idea to cut down your consumption of soft drinks. But let's not miss the point. If you're having a large triple thick milkshake with your lunch instead of a soft drink, you may be avoiding man-made sugar while still getting more than 1,000 calories and 17 g of saturated fat.

The best advice if you need to quench your thirst is to go for water or pure organic fruit juice.

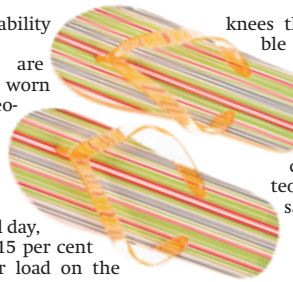
For that sweet craving, reach for a piece of fruit or a few squares of dark chocolate, which may have some health benefits.

Flip flops found to take the weight

BODY SUPPORT Can't wait to slip those tootsies into flip flops or clogs?

We've often heard that flip flops aren't too good for your feet, but a small study done at Rush University in Chicago has found that soft, spongy flip flops are better for your knees than clogs.

Researchers found that supportive, stable clogs and stability shoes, which are often worn by people who work on their feet all day, put a 15 per cent greater load on the knees than flat, flexible athletic street shoes and flip flops. A high load on the knee joint can lead to osteoarthritis, they say.



CELIA MILNE/ FOR METRO NEWS CANADA

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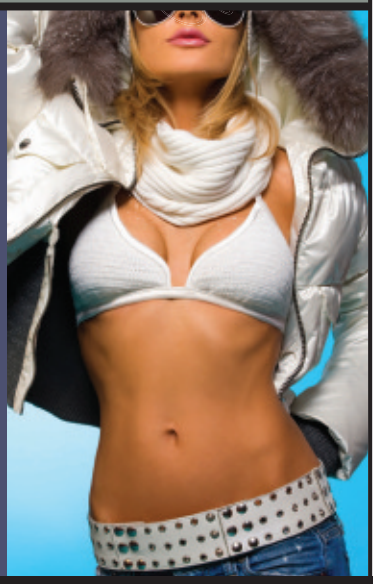
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Celebs campaign against slavery
Demi Moore and Ashton Kutcher have launched a new campaign against child slavery in earthquake-ravaged Haiti to put a stop to the unethical practice. The pair has teamed up to voice their concerns over the country's "restavec" system. FEMALEFIRST.CO.UK

Entertainment

Foxx on Fox
Almost 20 years after his breakout role on In Living Color, Jamie Foxx may be headed back to Fox for another sketch-comedy show, according to The Hollywood Reporter. TVGUIDE.COM

EDITOR: DEAN.LISK@METRONEWS.CA

Fans choose nominees for MTV Movie Awards

MOVIES Film fans will choose the nominees and winners of the 2010 MTV Movie Awards.

Viewers of the irreverent awards show can log on to movieawards.mtv.com and submit their choice nominees in 13 categories. Submissions will be accepted until April 9.

Any 2009 film or performance is eligible for consideration in categories including best villain, best fight and best kiss.

MTV added three new categories to the competition this year, and the titles of two are so racy they can't be printed here. The two unmentionables are action- and horror-related. The third is best global superstar, and for the first time in MTV Movie Awards history, voting in that category will be open worldwide.

Last year's new category, best WTF moment, is returning for the 2010 awards. Other categories include best performance, best breakout star and best movie.

THE ASSOCIATED PRESS

Idol running on empty

Despite strong ratings, Cowell departure could signal end of reality show

TheAudioFiles

Bryan Borzykowski
metronews.ca/music

Paula Abdul, above, quit American Idol last season and Simon Cowell, left, won't be back after this one.

When American Idol debuted in 2002, I will admit I was I excited. Getting a bunch of unknown, untrained singers to perform for Simon Cowell, the surly British producer, was an intriguing concept — and when they showed the terrible audition tapes, I was hooked.

I wasn't sure what to make of a show that would create a superstar out of nothing, but when Kelly Clarkson won — far and away the best singer on season one, and maybe the best voice to ever grace the program — I was shocked.

Well, that was eight years ago and a lot has changed. After the 10 contestants left on this season get whittled down to one, Cowell's taking off to host the U.S. version of The X Factor, the hit British TV singing competition, Ellen DeGeneres remains the new Paula Abdul without the endearing loopiness, and the show's fans lost their ability to pick a winner a long time ago.

Idol, according to Fox, is staying on the air, but what they should really do is take a big red marker to their master programming schedule and cut the program out. They'll never do that — it still draws around 20 million viewers a night, though that's down significantly from the first few seasons (about 50 million watched the season one finale) — but these days it's not adding much value to the lives of music fans.

The biggest disappointment has been its inability to create stars. Every season thousands of people try out for the show, so you'd think there would be at least a few more Clarksons out there. In reality, there's usually one standout, and that person doesn't always win. Take last year — flamboyant rocker Adam Lambert was a shoo-in, but the forgettable Kris Allen took the Idol title.

For every Carrie Underwood, there's a Ruben Studdard; at least a few of the singers who do have talent but don't win — like Jennifer Hudson — have still found successful careers. If the show entertains people, makes the network money and still produces a few big hits every couple seasons what's the big deal, right?

Well, it feels like the talent is getting thinner and thinner. This season I only like Crystal Bowersox, a guitar-slinging Janis Joplin-meets-Tracey Chapman character. The rest likely won't make a real mark once their Idol run ends. The quality of music put out by former Idol contestants is nothing to write home about either — besides Clarkson's 2004 disc Breakaway, with Since U Been Gone on it, the offerings mostly add more noise to an already packed pop field.

Plus, there are other ways to discover new stars. MySpace and YouTube have generated a few big names. It might be time to make stars the old fashioned way again — through hard work and good music.

Bryan Borzykowski is a business and entertainment writer. Follow Metro Music on Twitter @TheMetroMusic

Big Bang Theory gets a little Blossom in their lives

Blossom star Mayim Bialik has landed a possibly recurring role on The Big Bang Theory, Entertainment Weekly reports. The 34-year-old actress will play Victoria, a potential love interest for romantically apathetic Sheldon. TVGUIDE.COM

Project Runway gets Alba

REALITY TV Jessica Alba is bringing her celebrity fashion sense to Project Runway.

Jessica Alba

Lifetime spokeswoman Kannie Yu LaPack says Alba will serve as a guest judge on Thursday's episode of the popular clothing-design competition show.

The 28-year-old actress will help judge a challenge in which the remaining six contestants must create an outfit for an "opinionated celebrity," who they will later discover is show host Heidi Klum.

Other guest judges this season have included Nicole Richie, Molly Sims and Lauren Hutton.

THE ASSOCIATED PRESS

Living through the Pacific

Dr. Sidney Phillips has become the voice of the men of The Pacific, HBO's Second World War miniseries.

He's the survivor among the drama's four central figures, with the others claimed by the war or the decades that followed.

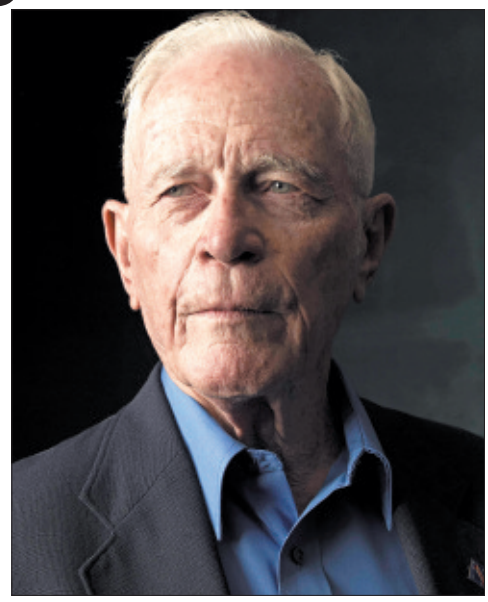
The 85-year-old physician has shouldered the task of spokesman with grace and good humour, fielding media interviews and, at the request of The Associated Press, online queries from viewers about his combat experience and life afterward.

Phillips, who was 17 when he enlisted in the Marines the day after the Dec. 7, 1941, Japanese attack on Pearl Harbor, endured four months of brutal fighting on Guadalcanal and joined in the invasion of another Pacific theatre island, New Britain.

Ashton Holmes

He returned to Mobile, Ala., where he raised three children with his wife, Mary, who died in 2000.

The Pacific, with actor Ashton Holmes as the young Pte. first class Phillips, debuted March 14 and airs new episodes at 9 p.m. Sunday through May 16.


ART STREIBER/THE ASSOCIATED PRESS/HBO

Second World War veteran Dr. Sidney Phillips, who is portrayed in the HBO series The Pacific, says he hopes the show will revive patriotism and teach history to young people.

Q What is your best memory of that chapter of your life, and what is your worst?

A There was so much comedy, there was so much joking, there was so much insulting one another; Marines never said anything nice to one another. … I still don't know if the public understands that foolishness and nonsense were very important. I think men hid behind that, rather than to say, "I'm scared to death."

I really think the worst memory were the living conditions — the standing in line for two tablespoons of beans and a tablespoon of corned beef for four hours on a troop ship. … There were two meals a day, and that went on for weeks and weeks and weeks. Then, when we got ashore, we had a whole regiment, which is 3,500 men, with dysentery, diarrhea and no toilet paper. If there hadn't been an ocean there, we would have been in serious trouble.

Q If such a devastating attack like Pearl Harbor were to happen today, could our young people rise up to the challenge as your generation did?

A I believe they would. I certainly hope they would. People ask me frequently what do I think about the series in general, The Pacific, and I say I hope it will revive patriotism and bring back teaching history to the young people, and what a wonderful country it is and how much blood it has taken to bring us to where we are.

Q How do you see the United States' involvement in the Iraq and Afghanistan wars and President Obama's long-term plan to end it?

A Today, the war seems to be conducted by the politicians. I think they need to turn the war back over to the military.

Q What helped keep you going and on mission throughout the war?

A There's a number of answers you could give, but the one that is foremost in my mind is your trust in one another, support of one another, your dependence upon one another.

THE ASSOCIATED PRESS

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Freakonomics doc closing Tribeca
Freakonomics, a documentary based on the best-selling nonfiction book, will close the Tribeca Film Festival. The movie is based on the 2005 book by Steven Levitt and Stephen Dubner. METRO NEWS SERVICES

Usher stands for honesty

With more than 40 million records sold worldwide, R&B star Usher figures he has a pretty good idea what his audience wants.

His unique "brand," he says, is honesty.

So following the somewhat disappointing commercial returns hauled in by 2008's Here I Stand, the 31-year-old decided to go back to the basics and deliver the raw, candid intimacy that he thinks fans want on Raymond v. Raymond, which drops today.

That meant delving into his 2009 divorce from Tameka Foster and showcasing a side of himself that he doesn't think fans have seen before.

"I had to reflect on the last two, three years of my life," Usher told The Canadian Press over the line from his Atlanta home.

"Having fallen in love — (I) had some of the greatest experiences in life and love — and then coming to a divorce, obviously, would play a great deal in understanding myself. And a lot of the stories that I speak of on this album come out of personal experiences.

Usher's new album Raymond v. Raymond is out today.

"(My fans) want honesty, they want to feel like they've been connected to your experience ... and Raymond v. Raymond is that. I feel like I'm my own worst enemy and my greatest supporter at the same time. And I'm not hiding behind an alter ego of any sort, but really dealing with me."

And if his previous sales are a reliable indicator, Usher would certainly seem to have his audience figured out.

Usher (nee Usher Raymond) has been a pop star since he released his debut album at the tender age of 15, when his baby-faced good looks, smooth dance moves and fluid tenor earned comparisons to Michael Jackson that have persisted over the course of his blessed career.

While he sold millions of copies of his first three albums, he shimmied past the threshold into superstardom with 2004's massively successful Confessions.

"(My fans) want honesty, they want to feel like they've been connected to your experience ... and Raymond v. Raymond is that."
Usher

By 2008, when Here I Stand came out, Usher was living a different life. There, he revelled in the joys of family and fatherhood on a record that, while candid, didn't sell like its predecessor.

Raymond v Raymond, then, finds him returning closer to the formula that made Confessions such a hit. He alternates between mourning and dissecting his failed marriage to bawdy celebrations of the joys of the wild bachelor life, often veering into — as he puts it — "risque" material.

THE ASSOCIATED PRESS

Dolan film picks top prize at Jutra awards

HONOUR J'ai tue ma mere (I Killed My Mother) has taken best film honours at the Jutra awards, Quebec's equivalent of the Oscars.

The film, which has drawn wide critical acclaim but was all but shut out at the recent Genies, took home three other prizes, including best actress for Anne Dorval.

Dorval was trembling with emotion when she picked up her prize, effusively thanking director Xavier Dolan, who drew on his own relationship with his mother when he wrote the movie.

"What ultimately matters is that people felt something during the film, because it's the truth," said Dolan, who wrote his screenplay when he was 17.

Xavier Dolan with his Jutra.
THE CANADIAN PRESS

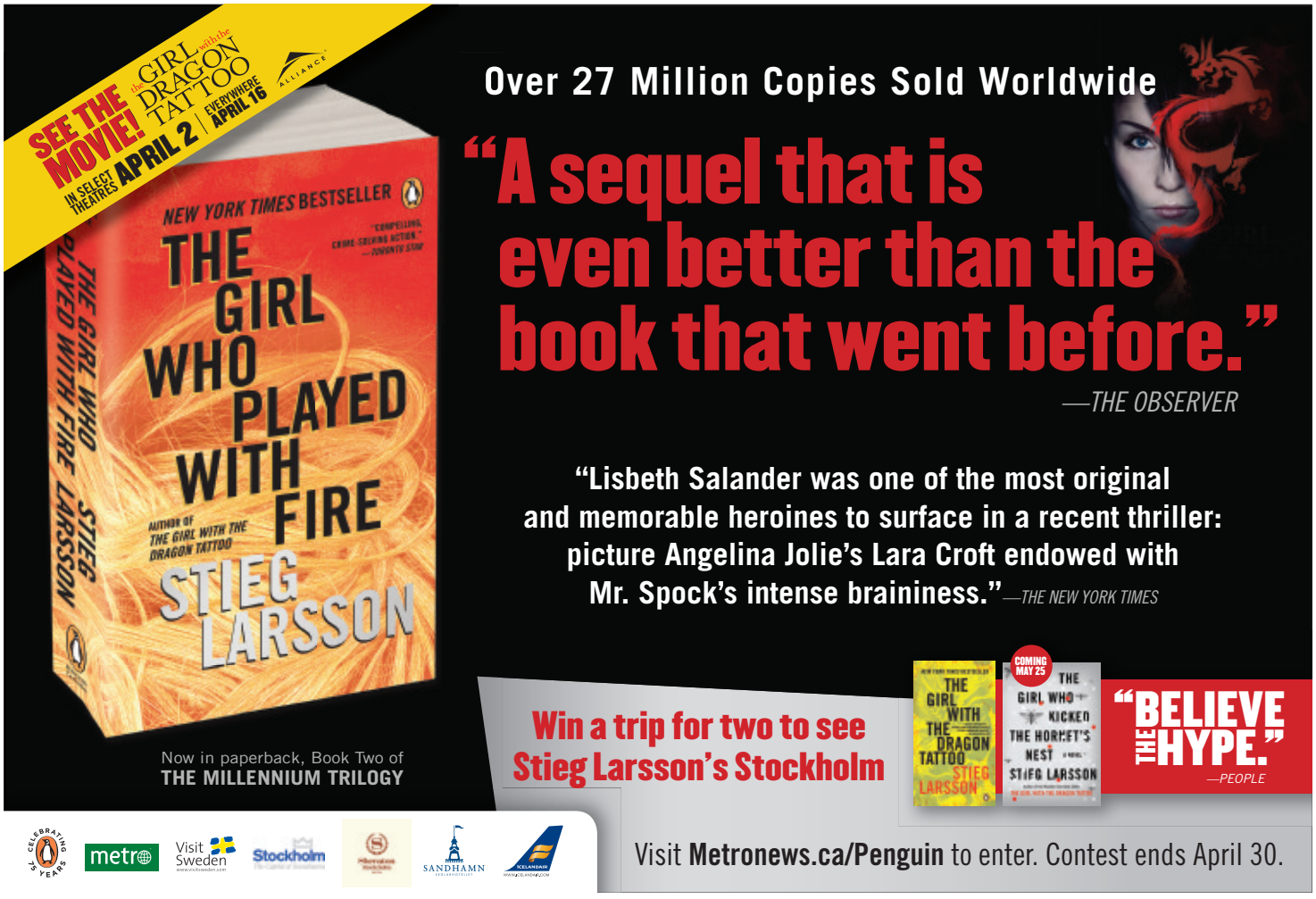
He insisted he "never intended to be narcissistic, I swear."

He offered an emotional thanks to his mother, with whom he said he shared a "different love."

"Thanks to my mother for her loving and free education," he said at Sunday night's ceremony. "Thank you, my mother, for being my mother."

The film also took home the best screenplay prize for Dolan and was recognized as the film most honoured outside of Quebec.

Polytechnique, a haunting rendering of Marc Lepine's murderous rampage at the Universite de Montreal's engineering school in 1989, won five Jutra awards, including best director for Denis Villeneuve.



TORONTO TRANSIT COMMISSION AND THE CITY OF TORONTO
NOTICE OF PREPARATION OF AN ADDENDUM REPORT

To The Spadina Subway Extension
Downsview Station to Steeles Avenue Individual Environmental Assessment (EA)
Relocation of a Double Ended Pocket Track Housing Structure (DEPTHS)
Toronto-York Spadina Subway Extension Project (TYSSE)

The Toronto Transit Commission (TTC) and the City of Toronto has undertaken a study to amend the Spadina Subway Extension – Downsview Station to Steeles Avenue (Toronto EA) which was approved by the Ministry of the Environment (MOE) in 2006. This amendment addresses changes to a small portion of the tunnel between Finch Avenue West and Pond Road beneath Keele Street and the Finch Hydro Corridor.

The approved Toronto EA includes a 215 metre two-platform design as part of the Steeles West Station. This design allows for subway operation flexibility (e.g. short-turns and system failure management capabilities). Detailed design work, schedule and budget constraints resulted in a need to relocate this structure away from the Steeles West Station to the existing tunnel alignment under Keele Street, north of the Finch West Station and beneath the Richview – Cherrywood Hydro Corridor. The following change requires the preparation of an Addendum Report:

- A change in the location, width and the construction method of the DEPTH structure.

Source: TYSSE, March 2010

Other changes to be described in this addendum but which are within the approved EA amending boundaries include:

- A change in the horizontal alignment of the tunnel and an associated change in the location of the Emergency Exit Building (EEB) #4 at the southwest corner of Keele Street and Pond Road on York University;
- Relocation of the Passenger Pick Up and Drop Off (PPUDO) from the west side of Keele Street to the east within the commuter parking lot;
- Relocation of an automated entrance on the southwest corner of Keele Street and Four Winds Drive, to the east side of Keele Street adjacent to the bus platform to serve the relocated PPUDO and commuter lot facilities; and
- A shift in the location of the Finch West station box 2.7 metres west and 23 metres south to the northern edge of the Finch Avenue West right of way. Extend the station box length by 15 metres at the northern end for a total platform length of 170 metres.

The project is being assessed as an addendum to an Individual EA in accordance with the requirements in the Ontario *Environmental Assessment Act*. The addendum is being prepared to identify the change in environmental effects as a result of the modifications identified above.

Input from members of the public is important. Upon completion of the Addendum Report, the document will be available to the public for comment. A notice will be published when the report is available for review.

For further information regarding the project or this addendum: www.spadina.ttc.ca
TYSSE@ttc.ca [Please use subject line "Double Ended Pocket Track EA"] • 416-393-4001

Ms. Joanna Kervin, P. Eng. Deputy Chief Project Manager
Third Party, Planning & Property, Toronto-York Spadina Subway Extension
5160 Yonge Street, Suite 1100 , Toronto, Ontario, M2N 6L9

Please note that the information related to this Study will be collected in accordance with the *Freedom of Information and Protection of Privacy Act*. With the exception of personal information, all comments received will become part of the public record and may be included in Study documentation prepared for public review. Thank you for your interest in this study.

This notice was first issued on March 30, 2010.

Fight over Farrah

Trustee, producer battling over actress' estate

A producer being sued by Farrah Fawcett's estate has fired back in a court filing by claiming the late actress' money is being mishandled.

The trustee of Fawcett's estate has withheld money from some of the actress' beneficiaries, including her father, according to a filing by producer Craig Nevius. The document filed last week in Santa Monica is in response to a lawsuit filed by a Fawcett's estate against him in January.

Nevius, a one-time Fawcett confidante, also claims the lawsuit against him filed by trustee Richard B. Francis is a misuse of the actress' money.

The filing takes numerous swipes at Fawcett's longtime companion, actor Ryan O'Neal, and friend Alana Stewart. Both were constant figures in Fawcett's final months and worked on the documentary Farrah's Story, which aired on NBC.

Nevius sued O'Neal, Stewart and Francis over the documentary last year, claiming it didn't adhere to Fawcett's wishes and improperly cut him out of the process. His recent filing repeats an allegation that O'Neal threatened him in a phone conversation.

The filing claims Stewart misused her relationship with Fawcett to sell a book.

"I've read Mr. Nevius' response to our complaint which I think contains spurious and outrageous allegations," said Howard Weitzman, who represents Fawcett's estate and O'Neal, Stewart and Francis. "I'm confident the truth will all come out during the course of the litigation."

Attorneys for Fawcett's estate claimed in their lawsuit that Nevius botched a first edit of the documentary and "embezzled hundreds of thousands of dollars" from the actress' company. Nevius first teamed up with the former Charlie's Angels star on a reality television series called Chasing Farrah and later teamed up in a business that produced the NBC documentary.

Nevius is not seeking any money from Fawcett's estate, his court filing states. The filing states any business decisions Nevius made were done in good faith.Fawcett died at age 62 on June 25 after a three year battle with anal cancer.

Farrah Fawcett died last year at the age of 62.

THE ASSOCIATED PRESS

We don't want to tell you what happens in this #1 NEW YORK TIMES *Bestseller*
because we don't want to spoil it, so we'll just say this ...

"*LITTLE BEE* WILL BLOW YOU AWAY . . . BOTH SURPRISING AND INEVITABLE, THOROUGHLY SATISFYING IF ALSO HEARTRENDING."
—*THE WASHINGTON POST*

"CLEAVE AT HIS FINEST. . . . AN AFFECTING STORY OF HUMAN TRIUMPH."
—*THE NEW YORK TIMES*

"ENTHRALLING." —*THE GLOBE AND MAIL*

"BOOK CLUBS IN SEARCH OF THE NEXT *KITE RUNNER* NEED LOOK NO FURTHER THAN THIS ASTONISHING, FLAWLESS NOVEL."
—*LIBRARY JOURNAL*

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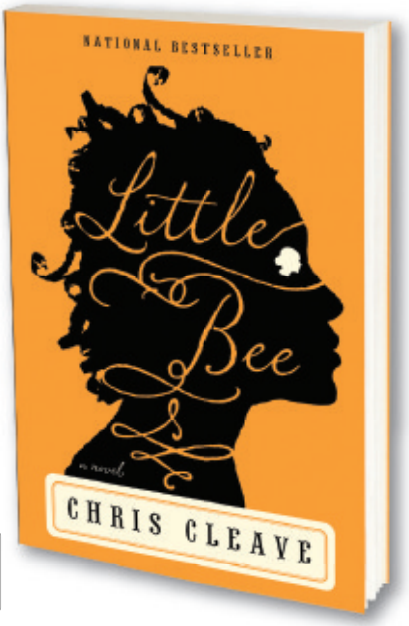


e-book available

Potter site goes live
Better start practising your spells, the full official Harry Potter site is now live. You can put your feeble Muggle brain to the test with quizzes from each book, gloss over a glossary of magical, mostly Latinate terminology, and take part in Potter polls. **EW.COM**

DVD picks

Sherlock Holmes

Directors: Guy Ritchie

WHEN YOU REALLY THINK about it, it's elementary that Robert Downey Jr. would make a great Sherlock Holmes.

In life and in art, he's taken the path of the cerebral risk-taker. Given a chance to sample a new substance or portray an unusual character — he's done everyone from Chaplin to Iron Man — he jumps in with both feet.

Those familiar with the Holmes canon know the 19th-century sage was quite a physical man (although maybe not the bare-chested brawler Downey portrays), who also liked to partake of festive pharmaceuticals.

We can live without the deerstalker cap, as Downey does.

Also cheering is the choice of Jude Law as Dr. Watson, Holmes' sidekick, who retains the discipline and the loyalty of his literary counterpart.

But skullduggery is afoot in other areas. Regrettably, director Guy Ritchie and his screenwriting committee (bad sign, that) have completely lost the plot beyond their golden pairing of Downey and Law. It's as if they simply downed tools, having satisfied themselves with excellent leads.

A great hero needs a great villain, and there isn't one to be found in Mark Strong's Lord Blackwood, a satanic troublemaker in greasy London town who is more bureaucrat than Beelzebub. He's among the most tedious and least-threatening baddie to darken a screen in many a moon.

Also firing on zero cylinders is Canada's own Rachel McAdams, as Holmes' putative love interest Irene Adler. It's possible that some earlier version of the script actually gave her something to do, but little of this made the final cut.

Then there's the story, which is entirely titled towards an intended sequel and extended franchise.

The picture is top-heavy with cheap CGI, with things forever vanishing, being shot into the air or simply exploding along with Hans Zimmer's ponderous score, none of it terribly dazzling.

Still, it's good enough to just sit back and enjoy Downey and Law plays Holmes and Watson as Victorian versions of Butch Cassidy and the Sundance Kid.

Extras vary according to edition, but the Blu-ray offers the greatest bounty for Holmesphiles, with various making-off featurettes. Of greatest interest and novelty is the Maximum Movie Mode commentary in which Ritchie literally walks us through the film.

An Education

Directors: Lone Scherfig

BASED UPON British journalist Lynn Barber's recent memoirs, which screenwriter Nick Hornby (High Fidelity) and director Lone Scherfig (Italian for Beginners) have astutely adapted, it's a fresh telling of the old tale about an impressionable girl falling for a predatory older man.

Evoking early 1960s London as sharply as TV's Mad Men does New York in the same era, with impeccable art direction adding to its many attributes, An Education is set immediately before the social quakes of the Pill, the Beatles and Women's Lib.

Sixteen-year-old Jenny (Carey Mulligan), biding her time in suburban Twickenham, is in a hurry to grow up. Jenny's immediate concern is gaining admission to Oxford, which is anything but a given. The women of 1961 are mostly expected to become wives, not scholars, and Jenny's middle-class parents (Cara Seymour and Alfred Molina) fret about the money it will cost them.

She will have to keep her grades up if she hopes to succeed. But distraction arrives one rainy day in the dapper form of David (Peter Sarsgaard), a gentleman in a burgundy car who offers a ride and promises the world.

Jenny is soon caught up in David's whirl of concerts and cafes, accompanied by his chic friends Danny (Dominic Cooper) and Helen (Rosamund Pike). Does it matter that David is considerably older than Jenny (he's somewhere in his 30s) and that his stories are slippery?

Only to the viewers, who sense the dread of the situation even as Jenny and her equally enchanted parents warm to David. Her stern dad even approves of weekend trips to Cambridge and Paris, the latter occurring on the momentous occasion of Jenny's 17th birthday, when loss of virginity is the gift.

Context is paramount in a film as tricky as this. This was a time when women were expected to defer to the wishes of men, even a girl as bright as Jenny. Scherfig and Hornby are careful not to make a monster out of David, whom the redoubtable Sarsgaard plays more as a deluded man-child than as the pariah he would rightly be viewed as today.

First and foremost, An Education is a showcase for Mulligan, who was 22 when she made this film yet effortlessly conveys that moment of 16 going on 17 when the world beckons and its perils seem far away.

Extras include a commentary track by Scherfig, Mulligan and Sarsgaard.

Peter Howell/for Metro Canada

Desperate Housewives star launches site

Teri Hatcher is launching a web project titled A Chick's Guide to Life. The website, GetHatched.com, was announced Monday by the Walt Disney Co. It will begin in May and be produced by DisneyFamily.com. Hatcher said the site will offer "solutions to the needs and obligations of today's modern woman." THE ASSOCIATED PRESS

Hockey team's woes mirror movie Slap Shot

In the 1977 cult hit movie Slap Shot, when player/coach Reggie Dunlop learns his minor-league hockey team will fold, he boosts player morale by planting a phoney story in the local paper: The Charlestown Chiefs are moving south.

And now, 22 years after they were founded in a moment of inspiration from the film, the real-life Johnstown Chiefs really are moving south, to Greenville, South Carolina.

But the move is doing anything but boosting the morale of this gritty town, where the economy and its people never recovered from the steel industry meltdown of the 1970s and the last of three titanic floods.

The movie, starring Paul Newman, was shot in Johnstown as a barely disguised homage to the beloved Johnstown Jets. The team folded the year the movie was released, after floodwaters damaged ice-making equipment at the team's riverside arena.

The Johnstown Chiefs were founded in 1988, and a succession of owners has laboured to keep the team alive, largely because Slap Shot stoked interest in the city's tragicomic love affair with what the movie called "old-time hockey."

"Slap Shot was a big factor in me, personally, having the team here, owning the team," said majority owner and head coach Neil Smith, 56. "I was fascinated by that: The original building, the small town, the whole thing."

Formerly the general manager who led the New York Rangers to their last Stanley Cup championship in 1994, Smith bought the cash-strapped Chiefs in 2002. He promised not to move them for at least two seasons, but sought a local buyer sentimental enough to keep the team in town and rich enough to write off the team's perennial losses.

(Movie irony: The rich owner in Slap Shot folded the team as a tax write-off.)

Trouble is, hockey in rough-and-tumble Johnstown, about 100 kilometres east of Pittsburgh, sells better on DVD these days. Now, Smith's pipe dream is selling out the team's farewell game Saturday at the 4,001-seat arena, built in 1950.

Despite a top ticket of $14 and no seat more than 15 rows from the ice, the Chiefs have only 900 season ticket holders and appeared lucky to draw two-thirds as many fans on a recent Wednesday night. Smith needed 2,700 fans each night to break even.

"There's been a pretty big change here in this town. It's just kind of a slow death."
Reg Kent

The Chiefs have rarely been a winner and, reportedly, never a moneymaker. What's unclear is whether a rebound is on the horizon.

Smith's minority partner, attorney Ned Nakles, is selling his 10 per cent share, but forming a non-profit to retain rights to the Chiefs name, logo, records and statistics — just in case.

Given Smith's battles with various partners (he's suing one group for $300,000 in allegedly unpaid bills) and a rugged economy, it's surprising the Chiefs have lasted as long as they have.

Living amid that economic reality is Bill Felix, who owns a candy store down the street.

"Eleven dollars, seven dollars, seven dollars ... ," he drones, ticking off sales figures for recent days, recounting chilly nights spent in a sleeping bag in the back room of his run-down store.

Bad news? Sure, but it's the Chiefs' move that brings tears to his eyes.

"The first day (I heard of the move), I was in a lot of depression — more than the business, the recession, you know, the non-important things," he said with a wry smile. "Losing the Chiefs, you couldn't go any lower than what was happening in the world."

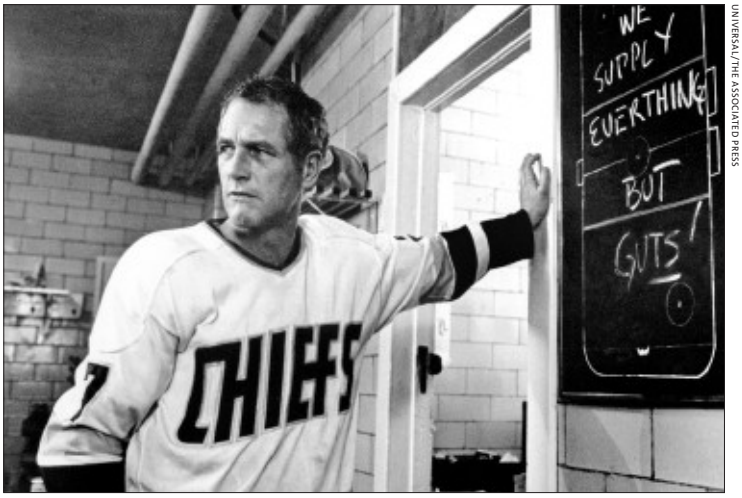
Scott McLachlan has run Scott's By Dam Bar, the city's unofficial game-day hangout, for 18 years. Fans from both sides pack his tavern before and after home games, and he feeds most opposing teams. Thankfully, the mortgage is paid.

"I'm gonna lose probably about 30 to 40 per cent — between $80,000 and $100,000 a year I'm gonna lose" when the Chiefs leave, McLachlan said.

Reg Kent and his wife, Barbara, are game-day regulars. Kent inspired Paul Newman's Reg Dunlop character, and taught the actor how to use a hockey stick. Kent was the Jets' leading scorer for several of his nine seasons in the 1960s and 70s, when players were local matinee idols.

"I started back in '65 when the town was vibrant: The mills were working around the clock; the mines were 'round the clock,'' Kent said. "There's been a pretty big change here in this town.

"It's just kind of a slow death." THE ASSOCIATED PRESS



UNIVERSAL/THE ASSOCIATED PRESS

Actor Paul Newman is shown in the 1977 film Slap Shot. Twenty-two years after they were founded in a moment of inspiration from the film, the real-life Johnstown Chiefs are relocating.

Japan anime industry slumps and faces rising challenge from China

Yoko Komazawa had been at the Tokyo International Anime Fair for nearly six hours when she fell in love with a brown-and-white stuffed panda — a character in one of the fair's featured cartoons.

"It's so adorable and interesting," she said, staring into its gleaming pink eyes. "I want it."

Unfortunately, the panda wasn't for sale and Komazawa had to settle for a photo. But she walked away from the small booth impressed by the panda's creators — from China.

"Japan is certainly an amazing anime country," said the 30-something anime fan and collector of all things cute and cuddly. "China has some intriguing characters, though. They're different, and that definitely catches my attention."

"Japan is certainly an amazing anime country. China has some intriguing characters, though. They're different, and that definitely catches my attention."
Yoko Komazawa, anime fan

Komazawa's enthusiasm for something new is a small victory for China's fledgling animation industry, and could well represent a widening crack in Japan's global anime dominance. Japan may be the birthplace of anime, but China is gunning for its future as it mounts an aggressive effort to expand the country's creative prowess and reputation.

In November, the government established the China Animation Comic Group Co. to foster a "great leap forward " in animation production, technology and marketing. Part of the plan includes building a "China Animation Game City" in Beijing.

With government subsidies, Chinese animation companies tripled their presence at this year's Tokyo anime fair even as the overall number of exhibitors declined. The four-day event through Sunday, one of the world's biggest anime-related trade shows and festivals, featured a "China-Japan Anime Summit" along with multiple China-themed lectures.

"China is a big market, and everybody is trying to get in," said Jimmy Tse, chief executive of Top Art Investment Ltd., which makes the panda Komazawa craved. "And the Chinese people, they are starting to think, 'How come I'm manufacturing for someone else?' Why are we not creating anything ourselves?'"

China's growing ambitions coincide with an ominous industrywide slump in Japan. THE ASSOCIATED PRESS

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Bono seeks a formal name and gender change from courts

Chaz Bono is asking a judge to formally change his name and gender. The 41-year-old writer, activist and reality-TV star, was born a girl to Sonny Bono and Cher. He filed a petition to change his name and gender last week. THE ASSOCIATED PRESS

Comic book sells for a record $1.5M

SUPERMAN The record price for a comic book, already broken twice this year, has fallen again. A copy of the 1938 edition of Action Comics No. 1 sold yesterday for US$1.5 million on the auction website ComicConnect.com. The issue features Superman's debut and is widely considered the Holy Grail of comic books.

The same issue sold in February for $1 million. That number was quickly bested when a 1939 comic book featuring Batman's debut sold for $1 million and change.

The issue that sold yesterday was bought from a private collector and then sold by the co-owners of ComicConnect.com.

THE ASSOCIATED PRESS

Former nanny sues Mills

Caregiver says McCartney's ex-wife dropped her due to pregnancy

The former nanny to Paul McCartney's ex-wife Heather Mills described her yesterday as a bitter and dishonest employer who forced her to work overtime without pay and demanded her staff say positive things about her to a documentary film posted to the Internet.

Sara Trumble, 26, is suing Mills on the grounds of sex discrimination and unfair dismissal, saying the former model effectively stripped her of a nanny role when she gave birth to her own baby girl.

Trumble, who was hired by the ex-model to look after her daughter with McCartney in 2004, told an employment tribunal in southern England that she often worked without pay as the couple stayed out late at various engagements. When Mills split from the former Beatle two years later, Trumble said she provided Mills with a shoulder to cry on.

"Heather was very bitter towards Paul," Trumble said. "I was, I believe, a great source of comfort and support for Heather at this time."

But Trumble said the separation meant she spent an increasing amount of time commuting to Mills' new home and less time looking after Beatrice, the couple's daughter.

At one point, Trumble said Mills ordered her to tell a crew she had hired about "how wonderful she was" for a movie due to be posted to YouTube.

"I felt I had no choice but to take part," she said.

> **"Heather was very bitter towards Paul."**
> Sara Trumble

Trumble said Mills gave her gifts — including a convertible and a 1,000 pound ($1,529) cheque when her daughter was born — but she said Mills also demanded that she return to work when she was still out on maternity leave. Trumble said she was horrified when Mills told a meeting of her staff that a new nanny would be looking after Beatrice and that Trumble would instead be a full-time cleaner.

"What hurt most was that she didn't even say it to me personally, she announced it in front of everyone," Trumble said. Trumble also accused Mills of being "more than capable of lying."

Mills, who was at the hearing, muttered to her friends throughout her ex-nanny's testimony.

At one point, as lawyers were arguing over whether her highly publicized divorce judgment should be used as evidence, she let out a long "No."

Mills, who was awarded 24 million pounds — some of it intended to pay for a nanny, was criticized in the judgment as being "less than candid."

The trial was adjourned until today, when Mills is expected to present her side of the story. Contact information for her lawyer could not immediately be located.

THE ASSOCIATED PRESS

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Casting the Perfect Couple

Christine Woods has landed a lead role in NBC's comedy pilot Perfect Couples, according to The Hollywood Reporter. The series follows three couples and centers on Dave and Julia, who have a solid marriage but struggle to get an anniversary night to themselves. TVGUIDE.COM

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Richie, Doobie Brothers to headline jazz festival

Lionel Richie, Cassandra Wilson, the Doobie Brothers and Boz Scaggs will be among the headliners at the 31st edition of the Montreal International Jazz Festival this summer.

Tickets for the event, which will run between June 25 and July 6, go on sale April 1.

Richie, whose hits include Endless Love and All Night Long, will open the festival with Wilson, festival organizers announced yesterday.

The festival will also see the popular Battle of the Bands, with the Harry James Orchestra being challenged by the Artie Shaw Orchestra in a musical showdown aimed to recreate the ambiance of the great 1930s New York ballrooms.

Other big names on the festival bill include the Manhattan Transfer, Sonny Rollins, Cape Verde singer Cesaria Evora and Wax Tailor and the Caravan Palace, one of the leading lights of the international electro hip-hop scene.

Lionel Richie will play the Montreal jazz festival this summer.

The Gypsy Kings will take over the Bell Centre — complete with a dance floor — to fire up the audience on July 4 with their classics, including Bamboleo.

Joan Armatrading will also make her first appearance at the festival, bringing her rock-inspired blues sound to Place des arts.

Among the previously announced big names coming to the event are George Benson, Lou Reed, Laurie Anderson and a double bill featuring Taj Mahal and the Fabulous Thunderbirds.

THE CANADIAN PRESS

Walking Dead heads to AMC

TV AMC network says it's bringing the popular Walking Dead comic book to TV as a live-action series set to debut in October.

Created by Robert Kirkman, The Walking Dead explores the aftermath of a world overrun by zombies. It follows a group of human survivors, led by police officer Rick Grimes, who journey in search of a safe home. AMC announced yesterday that the series will begin filming in Atlanta in June.

Rapper arrested on old charges

PEOPLE A rap artist from the group Bone Thugs-N-Harmony has been arrested during an Ohio concert on 12-year-old charges that he roughed up his mother with a gun.

Stanley Howse — whose stage name is Flesh-N-Bone — was in jail yesterday, a day after he was taken into custody during a show in the group's hometown of Cleveland. Sheriff's spokesman John O'Brien says Howse was wanted on domestic violence and felonious assault charges.

THE ASSOCIATED PRESS

To	Vu	SD	C		7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
3/30/10 primetime	265	353	2	TVO	Great Canadian Parks		The Agenda With Steve Paikin		Whitechapel (Part 1 of 3)		The Virus Empire (Part 2 of 2)		Agenda-Paikin
	211	331	3	GTV	Entertainment	ET Canada	NCIS "Endgame" (HDTV)		NCIS: Los Angeles		The Good Wife "Infamy"		News Hour
	215	343	4	OMN1	Two/Half Men	The Office	Omni News: Italian Edition (N)		Vivere V	Omni News:	Law & Order: Criminal Intent		Metropia
	210	302	6	CBC	Wheel Fortune	Jeopardy! (N)	Rick Mercer	22 Minutes	Laughs	Comedy Fest	CBC News: The National		The Hour
	214	344	7	CITY	Law & Order: Special Victims		The Biggest Loser Eliminated contestants return. (N)				Parenthood (HDTV) (N)		News
	212	313	8	CTV	Lost "The Package" (N)		American Idol (HDTV) The 10 finalists compete. (Live)				Law & Order: Special Victims		CTV News
	218	345	11	CHCH	*Ferris Bueller's Day Off* ★★★ (1986, Comedy), Alan Ruck				*National Lampoon's Van Wilder* ★★ (2002, Comedy)				News at 11 (N)
	-	-	14	-	Family Guy	The Simpsons	Omni News: S. Asian Edition		Omni News: Cantonese Edition		Two/Half Men	King	Cold Case
	213	326	15	SUN	George Lopez	The Insider (N)	Funniest Pets	Funniest Pets	To Serve and Protect		The Insider	Hitchcock Pres	Becker
	-	387	16	CBS	Inside Edition	Access H.	NCIS "Endgame" (HDTV)		NCIS: Los Angeles		The Good Wife "Infamy"		News 4 at 11
	-	385	17	NBC	Entertainment	The Insider (N)	The Biggest Loser Eliminated contestants return. (N)				Parenthood (HDTV) (N)		News
	-	386	18	ABC	Wheel Fortune	Jeopardy! (N)	Dancing With the Stars		Lost "The Package" (N)		(10:02) V (HDTV) (N)		News
	219	346	20	ACH-B	Degrassi: Next	TMZ (N)	Dancing With the Stars		The Middle (N)	Old Christine	(10:02) V (HDTV) (N)		A News
	-	-	28	FOX	Judge Judy	Two/Half Men	American Idol (HDTV) The 10 finalists compete. (Live)				Seinfeld	Two/Half Men	The Simpsons
	-	388	61	PBS	PBS NewsHour	Foot in Grave	NOVA (HDTV) (DVS)		Frontline (N) (DVS)		Tattooed Under Fire		Business Rpt.
	297	652	330	WPX	Two/Half Men	Family Guy	90210 (HDTV) (N)		Melrose Place (N)		PIX News at Ten Tong.		Two/Half Men
	296	654	331	SBK	The Insider (N)	Entertainment	Law & Order: Special Victims		WBZ News (N)	'70s Show	Frasier	Frasier	The Office
	298	653	332	TLA	The Tyra Show (N)		According-Jim	Family Guy	KTLA News	KTLA News	Two/Half Men	Two/Half Men	90210 (N)
news	502	390	26	NW	The Lang & O'Leary Exchange		Connect with Mark Kelley (N)		CBC News: The National		CBC News: the fifth estate		National
	500	500	33	CNN	John King, USA (N)		Campbell Brown (N)		Larry King Live (N)		Anderson Cooper 360 (Part 2 of 5) (N)		
	509	504	79	CNB	Kudlow Report (Live)		Warren Buffett and Bill Gates		Biography on CNBC		Swoosh! Inside Nike		Mad Money
sports	405	417	22	net	NHL Hockey Atlanta Thrashers at Toronto Maple Leafs. (Live)					Sportsnet Con.	Sportsnet Connected (HDTV)		Hockey Central
	400	400	30	TSN	That's Hockey!	Interruption	NHL Hockey Chicago Blackhawks at St. Louis Blues. (HDTV) (Live)					SportsCentre	
	411	457	58	OLN	Ghost Hunters		Destination Truth		Oper. Repo	Oper. Repo	Ghost Hunters		Destin. Truth
	417	406	81	SC	NASCAR	NASCAR Hub	Race in 60 (HDTV) (N)		Monster Jam (HDTV) (N)		Dangerous Drives (HDTV)		Pass Time
family	551	542	25	YTV	iCarly	Scorpion	Malcolm-Mid.	Hates Chris	8 Simple Rules	What I Like	Family Biz	To Be Indie	Prank Patrol
	554	544	45	TEL	Johnny Test	Total Drama	Total Drama	6TEEN	Futurama	King of the Hill	American Dad	Futurama	Robot Chicken
	556	540	51	FAM	Han. Montana	Suite Life	Sonny Chance	Han. Montana	Wizards-Place	Latest Buzz	Ned's School	Cory in House	That's-Raven
cable variety	602	567	27	W	Supernanny		Style by Jury	Grocery Bag	Beauty	Style by Jury	How to Look Good Naked		Beauty
	570	580	29	MM	Gossip Girl (HDTV) (N)		Degrassi: TNG	Degrassi: TNG	disBAND	Muchmusic Countdown			UR11
	615	520	31	A&E	Criminal Minds (HDTV)		Criminal Minds (HDTV)		Criminal Minds (HDTV)		CSI: Miami (HDTV)		CSI: Miami
	700	800	35	TLN	Centrovetrine	Sky TG 24	Distretto di Polizia		David Rocco	Caritas	George Lopez	George Lopez	Lopez Tonight
	571	581	36	MMM	The Daily Fix		Ranked!		mmtop10.ca		Hammertime	Gimme Sugar	G. Simmons
	575	583	38	CMT	Amer. Funniest Home Videos		Reba	Reba	According-Jim	According-Jim	Home Improve.	Home Improve.	Meet-Wilsons
	616	521	39	SHO	Relic Hunter		*Family in Hiding* (2006, Suspense) Brenda Strong.				Drop Dead Diva (HDTV)		NCIS
	620	523	40	BVO	Live at the Rehearsal Hall		Bowfire				Spectacle: Elvis		Law & Order
	601	562	41	SLC	Rich Poor	Rich Poor	Party Mamas	Party Mamas	Party Mamas	Wedding SOS	Wedding SOS	Wedding SOS	ET Canada
	522	506	43	HIS	Aftermath		Cities of the Underworld		Pawn Stars (N)	Pawn Stars (N)	Nostradamus Effect (N)		Weather
	625	548	44	COM	Air Farce	22 Minutes	Corner Gas	Name Is Earl	The Simpsons	South Park	Flt.-Conchords	Awesome	Daily Show
	600	564	46	H&G	House Hunters	Property Virgin	Outdoor Room	Curb/Block	Sarah's House	Genevieve	House Hunters	House Hunters	Holmes-Homes
	294	529	47	TBS	Family Guy	Family Guy	House-Payne	House-Payne	Law & Order: Special Victims		Seinfeld	Name Is Earl	Movie
	576	582	49	BET	106 & Park: BET's Top 10 Live		*The Nutty Professor* ★★★ (1996, Comedy), Jada Pinkett				Michael Vick	Tiny & Toya	Mo'Nique
	627	528	50	SPC	Stargate Atlantis (DVS)		Star Trek: Voyager		Masters of Science Fiction		Fringe		Stargate SG-1
	581	566	52	MTV	Peak Season	Cribs	Cribs	Going Out, Him	16 and Pregnant		16 and Pregnant		MTV Live
	618	524	54	TROP	The Celebrity Apprentice (HDTV) (N)				Dog Whisperer		End of Leash	Last 10	Tube Tales
	603	561	56	FOOD	Ricardo	Exotic	Dinner: Impossible (N)		Chef Abroad	Chef Abroad	Chefs vs. City		Restaurant
	261	394	60	V	Murder, She Wrote		May-December	When I Laugh	National Catholic Mission 2010		Choices-Face	Archaeologist	Catholic
	621	527	63	STR	Look-A-Like	TMZ	The Ellen DeGeneres Show		The View (HDTV)		The Dr. Oz Show (HDTV)		TMZ
	553	546	65	TRE	Backyardigans	Night Garden	Waybuloo	Max & Ruby	Franklin	Babar	Little Bear	Toopy & Binoo	Max & Ruby
	526	507	249	VIVA	Cold Case "Spiders"		Missing "Fugitive"		Medium		Cold Case "Spiders"		Psychic Inv.
	300	601	301	M1	(7:15) *Ghosts of Girlfriends Past* ★★ (2009)				*The Reader* ★★★ (2008, Drama) Kate Winslet.				*Romulus, My*
	305	612	306	PIX	*Apollo 13*		(7:20) *The Ultimate Weapon* (1998)		*Snatch* ★★★ (2000, Comedy-Drama)			(10:45) *Dirty* (1998)	
	520	146	-	DISC	Daily Planet (N)		How It's Made	How It's Made	Destroyed	Destroyed	Swamp Loggers (N)		Daily Planet
	637	-	-	TVLND	Red Green	Red Green	Fantasy Island Wedding.		Hart to Hart		Andy Griffith	Phil Silvers	Bizarre
	605	-	-	FASH	FashionTelevision: Fashion		FashionTele	RAW	FT Found Footage		America's Next Top Model		Fashion-Uncut

Winehouse ready to start a family: Dad
Amy Winehouse is ready to start a family, according to her father. "She's become so broody. She loves kids, especially all our little cousins," Mitch Winehouse tells Contact Music. METRO WORLD NEWS.

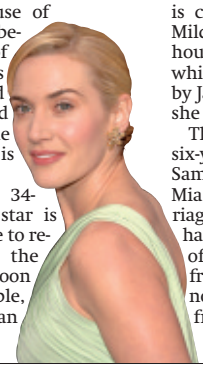
Celebrity Buzz

Kate's home 'tainted'

EVERYONE FEELS BAD FOR THE GIRL LIVING IN THE $6M MANSION Kate Winslet wants to move out of her marital home because it is "tainted" with bad memories, femalefirst.co.uk reports.

The Oscar-winning actress — who split from her film director husband Sam Mendes earlier this year — is desperate to leave their $6 million US New York mansion because she can't stop thinking about the arguments they had since they moved there in 2005.

A source told the New York Post newspaper: "Kate really wants to leave the apartment. She sees it as a house of horrors because of the fights she and Sam had there. She feels it is tainted."



The 34-year-old star is desperate to return to the U.K. as soon as possible, so she can spend time with her close friends. However, Winslet is contracted to work on Mildred Pierce — a five-hour-long mini-series which is based on a novel by James M. Cain — before she can make the move.

The actress — who has a six-year-old son Joe with Sam, and her daughter Mia, nine, from her marriage to Jim Threapleton — has been receiving a lot of support from her friends since she announced her separation from Mendes.

METRO WORLD NEWS

Ricky 'fortunate homosexual'

AND GAY MEN AROUND THE WORLD SAY I TOLD YOU SO Singer Ricky Martin put speculation about his sexuality to rest yesterday, posting a comment on his website that he is gay.

Martin wrote on his official website that, "Today is my day, this is my time, and this is my moment ... These years in silence and reflection made me stronger and reminded me that acceptance has to come from within and that this kind of truth gives me the power to conquer emotions I didn't even know existed."

He ends his post with, "I am proud to say that I am a fortunate homosexual man. I am very blessed to be who I am."

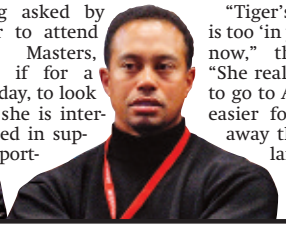
This is the first time Martin, 38 — who fathered twin sons with a surrogate mother — has publicly spoken about his sexuality.

METRO NEWS SERVICES

Will Elin attend Masters?

IT WOULD BE A GOOD IDEA TO KEEP AN EYE ON HIM While Tiger Woods is preparing to return to golf at the Masters in Augusta, Ga., on April 8, his wife Elin Nordegren must decide whether to attend the tournament, in what would be a very public display of support for her husband.

And that's just the scenario Woods' camp would like to see happen, according to a source close to Nordegren, people.com reports.



"Elin does not want to go to the Masters and is preparing for a trip to see her family and friends in Sweden," the source tells People. "She is also being asked by Tiger to attend the Masters, even if for a half day, to look like she is interested in supporting his return to golf. But she would rather not be there."

Instead, the source believes that Nordegren will continue to keep a low profile and fly a commercial airline to Sweden, where her family lives.

"Tiger's (private) plane is too 'in your face' for her now," the source says. "She really does not want to go to Augusta, and it is easier for her to be far away than home in Orlando."

METRO NEWS SERVICES

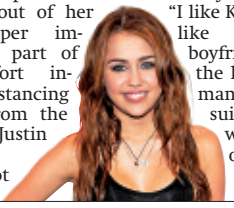
Bullock ready to seek divorce from James

CAN YOU SAY IRRECONCILABLE DIFFERENCES? Sandra Bullock has reportedly returned to California to deal with the fall out from husband Jesse James' alleged infidelity, according to Popeater. And the Oscar-winning actress reportedly plans to deal with the situation by getting the ball rolling on a divorce from James, sources say.

"It's over,' a Bullock pal says. "After everything that has happened, it is impossible for them to get back together, even though I'm sure she still loves the man she thought he was." Bullock is reportedly staying in the Hollywood Hills home she owned before her marriage to James after spending the past week at her Texas retreat. METRO WORLD NEWS

Cyrus' dream BF: Cobain

SHE MUST BE SMELLING THE TEEN SPIRIT Miley Cyrus is trying to prove she's growing out of her teeny-bopper image, and part of that effort involves distancing herself from the likes of Justin Bieber.



"I'm not necessarily a fan. I don't listen to that kind of music," Cyrus tells MTV News. "I like Kurt Cobain. (He) is like my dream boyfriend," she says of the late Nirvana frontman, who committed suicide when Cyrus was just 16 months old.

METRO WORLD NEWS

Papers prep obit for Lohan

JUST PLAYING THE ODDS Lindsay Lohan has become so prone to trouble that several newspapers have reportedly already written her obituary just in case the young actress passes away unexpectedly, according to Popeater.

"News outlets need to be prepared. However shocking a story it might be, they are in the business of breaking news fast and any preparation that can be done ahead of time is them just simply doing their jobs," a source says. "We all scrambled when Brittany Murphy and Heath Ledger died and don't want that to happen again."

METRO WORLD NEWS

Heigl blames self for image

PERCEPTION IS REALITY Katherine Heigl is upset about coming off as ungrateful during her time on Grey's Anatomy — and she admits she has no one to blame but herself.

"I allowed myself to be perceived that way because I was being whiny and I was griping and because I made these snarky comments," she tells Entertainment Weekly.

METRO WORLD NEWS

Follow these celebrities on Twitter...

CelebTweets

DEMI MOORE is taking Kim Kardashian to task over word usage, **NICOLE "SNOOKI" POLIZZI** is turning off Twitter for a while, **TOM HANKS** wants to get ahead of the technology trend for his next film, and **JIM CARREY** is chiming in on the latest Catholic controversy. ,

@mrskutcher
@KimKardashian No disrespect I love a girls night out but a pimp and pimping is nothing more than a slave owner!

@Snooki
I'm going to have twitter withdrawl!! Gettin geared up to shoot season 2 !! I missed cameras in my face

@tomhanks
Thinking to shoot Larry Crowne not in 3-D, but 6-D. May go all the way to 7- or 8-D. Stand by.

@JimCarrey
The Catholic priesthood has become a religious disorder.

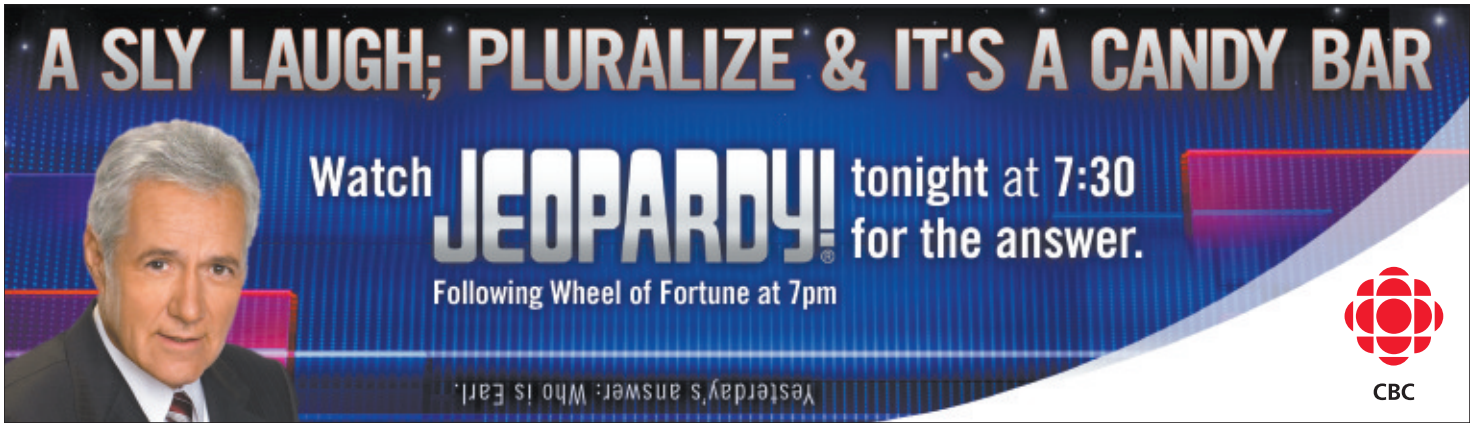
METRO NEWS SERVICES

Brand, not Perry, the Bridezilla

WOULD ANYONE BE SURPRISED IF HE WORE A WHITE DRESS IN THE CEREMONY Katy Perry isn't obsessing too much over her upcoming wedding to Russell Brand. Surprisingly, it's her fiancé that's filling the Bridezilla role in their relationship, Perry admits.

"I'm not that obsessed," she tells Hollyscoop. "If we stop for breakfast, he has to stop and get Bride magazine. It gets a little crazy."

METRO WORLD NEWS



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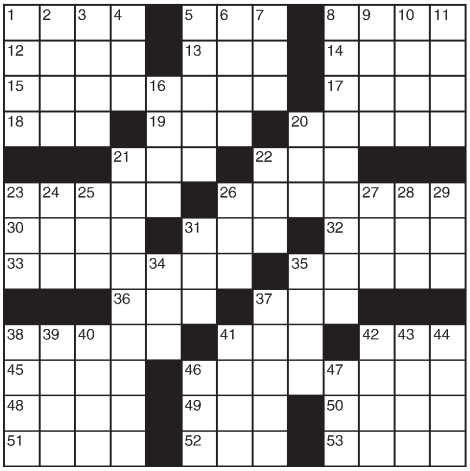


ACROSS

1 Disappear gradually
5 Fox competitor
8 Georgetown athlete
12 Sacred bird of Egypt
13 Carnival city
14 Squared
15 Screwdriver type
17 Car
18 Conger, e.g.
19 Donkey
20 Mgmt.
21 Historic boy king
22 Suitable
23 Calyx leaf
26 Rum exporter
30 Door handle
31 Levy
32 Lake vessel
33 Lemon-coloured
35 Big feather
36 Environmentally friendly
37 Witness
38 Explosion
41 Fellow
42 Time of your life?
45 Latvia's capital
46 Bonneville feature
48 Exam format
49 "6 Rms — Vu"
50 Magnificent tale
51 Frog kisser's growth
52 Individual
53 This and that

DOWN

1 Flute's kin
2 Competent
3 Use a rotary phone
4 Superlative ending
5 Peak of a wave
6 Prejudice
7 Turf
8 Place of honor, at dinnertime
9 Egg, biologically
10 Bigfoot's cousin
11 In due time
16 Burglar's booty
20 Intention
21 Sodium chloride
22 Send electronically
23 Firmament
24 Away from WSW
25 Rep. or Dem.
26 — Leno
27 Debtor's letters
28 Rotating part
29 Dined
31 Number suggested by 53-Across
34 Autumn mo.
35 Confined, with "up"
37 Soothing remedy
38 Forehead
39 Old Italian money
40 Gel in a petri dish
41 Primary
42 Dog food brand
43 Pace
44 Engrave
46 "No seats" sign
47 Winter mo.

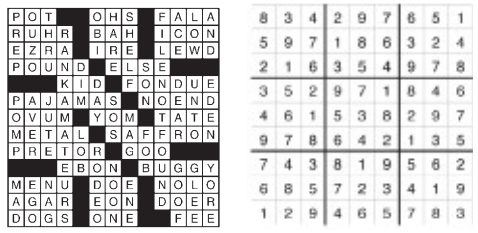
Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

	2		9	1	4		7	
4								2
		1				3		
7	6		3		5		8	4
				7				
5	4		1		2		9	7
		7				8		
6								9
	9		8	5	3		6	

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



8	3	4	2	9	7	6	5	1
5	9	7	1	8	6	3	2	4
2	1	6	3	5	4	9	7	8
3	5	2	9	7	1	8	4	6
4	6	1	5	3	8	2	9	7
9	7	8	6	4	2	1	3	5
7	4	3	8	1	9	5	6	2
6	8	5	7	2	3	4	1	9
1	2	9	4	6	5	7	8	3

On the web

For more games and 60 additional daily cartoon strips, visit metronews.ca

Metro Recipe of the Day

Roasted artichoke and pepper bruschetta

INGREDIENTS:
1 ciabatta
1 red pepper, thinly sliced
2 tbsp olive oil (from jar of artichokes)
12 slices salami
4 tbsp tapenade
1 jar roasted artichokes in olive oil, drained and sliced

METHOD:
1. Preheat broiler and line bottom of broiling pan with foil. Cut ciabatta into 12 slices on diagonal, each 1/4 in. thick. Put on broiling pan rack and cook about 1 minute on each side or until golden.
2. While bread is toasting, toss red pepper slices in oil. Remove broiling pan rack with toast still on it and set aside. Put pepper slices in single layer to one side of foil-lined pan and cook 3 minutes. Add salami to other side and broil 2-3 minutes or until peppers are lightly singed and salami slices start to crisp.
3. Meanwhile, stir contents of tapenade jar to blend in oil, then thinly spread onto toasts. Place pepper and artichoke slices on each piece, then top with crispy salami. Return to broiler to heat through. Serve at once.

SERVES 4

rd.ca

For nutritional information on this and other great recipes, go to **rd.ca** or check out **Key Ingredients in this month's Reader's Digest, on newsstands now!**

Horoscopes by Sally Brompton sallybrompton.com

For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES
MARCH 21-APRIL 20
Force yourself to do something for another person today. Not only will you quite enjoy the effort but you will impress some very important people.

TAURUS
APRIL 21-MAY 21
You must resolve a difference of opinion and learn to get along with someone whose help you are going to need.

GEMINI
MAY 22-JUNE 21
Help will arrive when you need it most. Not only that but your current situation is not nearly as bad as you like to think it is.

CANCER
JUNE 22-JULY 22
Be careful who you confide in today. Not everyone has your interests at heart and if you let slip any valuable information there is no telling where it might lead.

LEO
JULY 23-AUG 23
The world is full of people who say they want the truth when all they really want is to hear their own ideas and theories accepted by everyone else.

VIRGO
AUG 24-SEPT 22
Blackmail never works, so get rid of the idea that by applying emotional pressure on someone you can make them conform. You can't.

LIBRA
SEPT 23-OCT 23
Don't sit and brood on what might have been. Although today's full moon may be hard to deal with you know you have lots to be thankful for.

SCORPIO
OCT 24-NOV 22
Certain things may not have worked out the way you intended but is it really such a big deal? Of course not.

SAGITTARIUS
NOV 23-DEC 21
You don't have to do anything special to impress others today — just be yourself and they will like what they see.

CAPRICORN
DEC 22-JAN 20
You have made the best of a difficult situation and can feel rightly pleased with yourself. But don't stop there.

AQUARIUS
JAN 21-FEB 18
Don't waste time on trivial things. Decide what is your main priority and focus on it to the exclusion of everything else.

PISCES
FEB 19-MARCH 20
Today's full moon may harden your resolve not to give in to someone's pleas, but do you really want to appear cold-hearted?

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